

**Are you feeling
really worried about
having your baby?**

Is it impacting on
your everyday life?



The Ocean Birth trauma and loss service is made up of a small team of specialist midwives and psychological therapists.

We offer psychological assessment, support and therapy to those who are experiencing high levels of worry, anxiety or fear associated with having their baby.

For more information visit:

www.tinyurl.com/OceanBSW

Scan the QR code to find out more and to self refer for the Ocean service



Bath & North East Somerset, Swindon and Wiltshire
Maternity & Neonatal Voices
Working in partnership to improve maternity services



MNVP Free Mental Health resources available in your area.



Salisbury
NHS Foundation Trust



Royal United Hospitals Bath
NHS Foundation Trust

Great Western
Hospitals
NHS Foundation Trust



Avon and Wiltshire
Mental Health Partnership
NHS Trust

