

For queries contact Medicines Optimisation in Care Homes teams via:
BaNES- BSWCCG.banes.moch@nhs.net
Swindon- BSWCCG.swindon.moch@nhs.net or 01793 987667
Wiltshire- BSWCCG.wiltshire.moch@nhs.net

BSW MOCH Example of Homely Remedy Agreement

Care home name:	
GP practice name:	

I agree that a suitably trained senior person on duty at **[insert care home name]** may administer the medication listed below for the indications stated, for **[insert name of patient]**

OR [delete one sentence as applicable]

I **[insert GP name]** agree that a suitably trained senior person on duty at **[insert care home name]** may administer the medication I have authorised in this form for the indications stated, at the dose stated and for appropriate patients under my care at **[insert care home name]**.

This agreement does not remove the requirement that staff involved in the administration of homely remedies must ensure that the medicine to be administered is suitable for the resident's particular circumstances at the time of administration.

GP signature	
Please print name	
Date	
Care home manager/nurse in charge signature	
Please print name	
Date	
Review date:	

The homely remedy should not be used for longer than 48 hours without seeking medical attention.

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Product	Indication	Adult dose	Maximum daily dose	Additional information	Please indicate which products have been authorised (and annotate those that are excluded)
Gaviscon Advance oral suspension	For the relief of heartburn or indigestion	5 – 10 mls after meals and at bedtime	40mls in divided doses	Sodium and potassium content should be taken into consideration if a highly restricted salt diet is recommended.	
Senna 7.5mg tablets	For the relief of constipation	2 – 4 tablets (usually) at night	4 tablets	May colour urine	
Senna syrup	For the relief of constipation	10 – 20mls (usually) at night	20mls	May colour urine	
Paracetamol 500mg tablets (also caplets & capsules)	For the relief of mild to moderate pain or raised temperature	1 or 2 tablets every 4 to 6 hours, up to a maximum of 8 in 24 hours.	4g (8 tablets) in divided doses	Do not give with other paracetamol containing products. If body weight < 50kg, dose should be reduced to one tablet up to four times a day.	
Paracetamol 250mg/5ml oral suspension	For the relief of mild to moderate pain or raised temperature	10 – 20mls every 4 – 6 hours, maximum of 4 doses in 24 hours.	80mls in divided doses	Do not give with other paracetamol containing products. If body weight < 50kg, dose should be reduced to 10mls up to four times a day.	
Simple linctus sugar free	For dry irritating cough	5 – 10 mls up to 4 times a day (suitable for diabetics)	40mls in divided doses	Not suitable for productive coughs.	
Oral rehydration sachets	For treatment of fluid and electrolyte loss associated with acute diarrhoea	One or two reconstituted sachet(s) after each loose motion	20 -40ml/kg	The solution may be refrigerated for up to 24 hours after which it should be discarded.	

For variable doses, document the exact amount given, i.e. whether one or two tablets has been administered.

Additional comments/instructions

Information obtained from PresQIPP: <https://www.prescqipp.info/our-resources/bulletins/bulletin-72-care-homes-homely-remedies/>