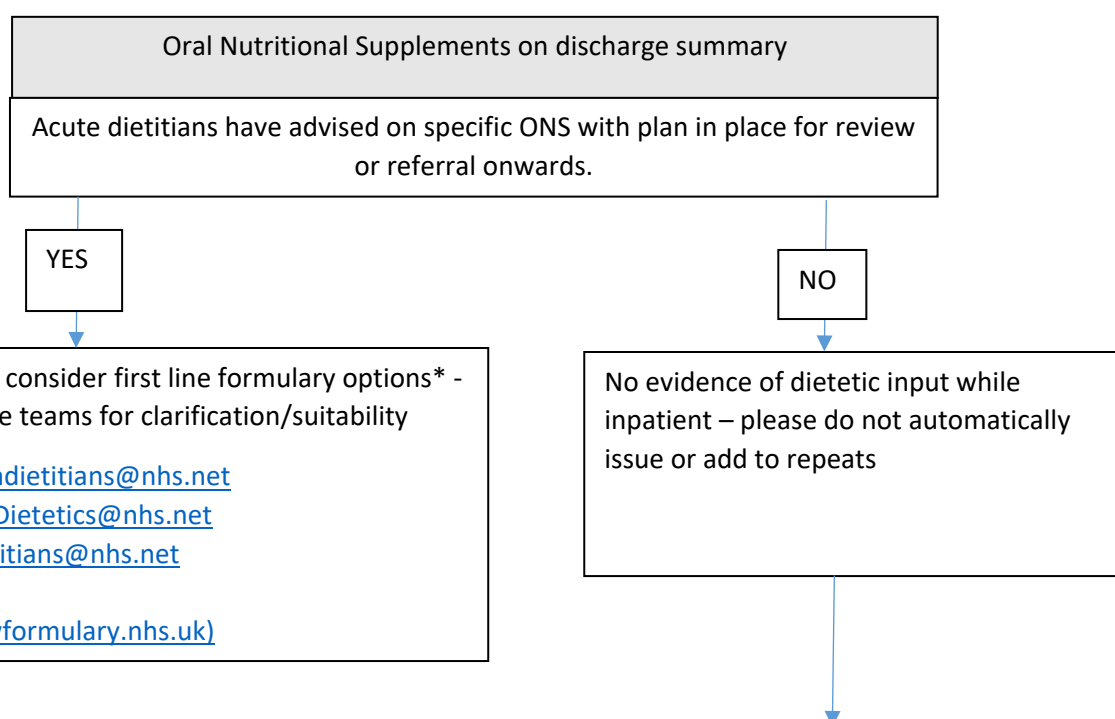


Guideline for prescribing of oral nutritional supplements from Discharge Summary

- Patients should not be routinely discharged from hospital on ONS without dietetic assessment and review process/plan or treatment aim in place.
- These patients will not automatically require ONS on prescription once home. They may have required ONS whilst acutely unwell or recovering from surgery, but once home and eating normally, ONS may not be required.
- Unless the request to prescribe ONS following hospital discharge is from the dietetic team, it is recommended that the GP does not prescribe without first re- assessing clinical need.



Please refer to local Malnutrition Screening pathway for community/care home before issuing oral nutritional supplements and follow formulary guidance for options on suitable first line oral nutritional supplements.

- [Community-Malnutrition-Screening-Tool.pdf \(bswpartnership.nhs.uk\)](#)
- [BSW-Care-Home-Malnutrition-Screening-Tool.pdf \(bswpartnership.nhs.uk\)](#)
- [Formulary \(bswformulary.nhs.uk\)](#)

Should individuals not improve on first line oral nutritional supplements please consider referring onwards to Dietitians as per your individual GP practice process.

- Swindon gwh.swindoncommunitydietitians@nhs.net
- Wiltshire whc.wiltshiredietetics@nhs.net
- Bath ruh-tr.referralsmhdietitians@nhs.net