

BSW Guidelines for Prescribing of Stoma Appliances

New stoma patients will be discharged from hospital with at least 2 weeks supply of products. They will have contact with a Specialist Stoma Care Nurse (SCN) within 7 working days of discharge, who will manage the patient's product requirements until they become stable.

Once the ongoing product requirements are established, the SCN will write to the GP with full product details, and the supply route that the patient wishes to use Community Pharmacy, Dispensing GP, or Dispensing Appliance Contractor.

Stoma bags (pouches), flanges or belts need to be individually tailored and hence cannot be included in a formulary. For these prescriptions, GP practices should check the quantities being requested are reasonable, following the guidance in **Table 1**.

The SCNs have devised a limited formulary for **stoma accessories** regarded as clinically and cost-effective choices, see **Table 2**. Most new patients will be commenced on formulary choices; there may be occasions where products not on the formulary are used, this will be the SCN's clinical decision.

Products not routinely recommended:

PrescQipp^{1,2} states that some products should not be routinely recommended. BSWICB has to make best use of limited NHS resources and so follows this guidance and would expect patients to fund the following items unless agreed as being essential by a Specialist Stoma Care Nurse:

Deodorisers, skin cleansers and washes, support underwear, stoma seals, stoma collars, stoma filters, liquid or aerosol adhesives, lubricants, gauze swabs.

TABLE 1 - Appropriate Quantities and use for stoma items

Appliance	Quantity per month	Prescription directions	Normal Usage	Notes
Colostomy bags	30-90 bags	Remove and discard after use.	1 – 3 per day	Not re-usable. Can be 1 or 2 piece.
Ileostomy bags	10-30 bags	Drain as required. Use new bag every 1-3 days.	1 every 1 to 3 days	Drainable. Can be 1 or 2 piece.
Urostomy bags	20-30 bags	Drain as required. Use new bag every 1-3 days.	1 every 1 to 3 days	Drainable. Can be 1 or 2 piece. Require additional night bag.
Night drainage bags	4 bags (1 box of 10 bags every 2-3 months)	Use a new bag every 7 days.	1 per week	Drainable. Rinse as directed by stoma care nurse.
Flange (for 2-piece system)	15 flanges	Change every 2-3 days.	1 every 2 to 3 days	The flange is not changed at every bag change.
Bag Belts	3-6 per year	Usage may vary	variable	Washable and re-usable

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TABLE 2 - Stoma accessory products can be prescribed in primary care on advice of SCN as follows:

Appliance	Pack/size	Price*	Product code	Extra comments
Medical adhesive removers - Sprays	1–2 cans per month (ileostomy/ urostomy) no more than 3 cans per month (colostomy). Spray at each bag change to assist in cleaning the skin. Do not use in conjunction with adhesive remover wipes as they do the same job.			
Opus Healthcare Lift Plus 360	50ml	£5.30	5506	No fragrance
Opus Healthcare Lift Plus 360	50ml	£5.30	5507	Citrus fragrance
Rhodes Pharm Ltd StoCare	50ml	£5.30	STC100	No fragrance
	100ml	£10.15	STC300	
CliniMed CliniPeel	50ml	£5.79	4501	No fragrance
Coloplast Brava	75ml	£10.43	12012	No fragrance
Dansac EasiSpray	50ml	£7.10	083-01	No fragrance
Respond Healthcare PEEL	50ml	£7.16	OPN50	Various fragrances
Salts Adhesive Remover Spray	50ml	£7.17	WAP	Mint fragrance
Medical adhesive removers - Wipes	1 box (30) per month (2 boxes if colostomy). Use one wipe per bag change to assist in cleaning the skin. Sprays are generally more cost-effective, but wipes may be more appropriate for people whilst travelling/at work or who lack the dexterity to use sprays. Don't use in conjunction with adhesive remover spray.			
Rhodes Pharm Ltd StoCare	30	£8.50	STC200	
Salts Adhesive Remover Wipes	30	£9.35	WAP2	Mint fragrance
Opus Healthcare Lift	30	£9.64	5500	
Respond Healthcare Clear adhesive remover wipes	30	£9.97	MRW1	
Skin barrier wipes	1 box (30) per month if skin is red. Not for repeat prescription. Use 1 wipe per day if skin is red. Refer to SCN for review if skin is broken or use is prolonged >3 months. Do not use in conjunction with skin protective/ barrier spray.			
StoCare Protect Barrier Film Wipes	30	12.95	STC 250	0.43/wipe
Salts Barrier Film Wipes	30	£17.20	PPS1	0.57/wipe
Trio Healthcare Ltd Elisse sting free barrier wipes	30	£20.59	TR203	0.68/wipe
			Table continues overleaf

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Respond Guard non sting barrier film	30	£22.71	RMC3	0.75/wipe - Lavender fragrance
Pelican Healthcare Platinum Vitamin E barrier wipe	30	£23.93	130300E	0.79/wipe
Coloplast Brava skin barrier wipe	30	£24.47	12021	0.81/wipe
Dansac Non sting protective wipe	30	£25.97	081-30	0.86/wipe
Skin Barrier Foam Applicators ('wands')	One applicator per pouch change.			
Medi Derma S Non sting wand	5	£3.70	61076	
CliniMed LBF wand (1ml)	5	£4.18	3824	
Independence Products Ltd Independent Fusion Applicator foam wand 1ml	5	£5.25	BW3	
Skin protection stoma powder	1 tube every 1-3 months on stoma nurse advice only. Used to absorb moisture when applied to broken skin.			
ConvaTec Orahesive powder	25g	£2.69	S106	
Hollister Adapt stoma powder	28.3g	£2.86	7906	Easier to use tube
Coloplast Brava ostomy powder	25g	£2.63	1907	
Skin protection stoma paste	1-3 tubes per month on stoma nurse advice only. Used at each bag change to absorb moisture and improve seal which decreases frequency of bag changes.			
Dansac Soft paste	50g	£4.00	77550-0	
ConvaTec Ltd Stomahesive Paste	60g	£8.37	S105	
Flange extenders/security strips	2-6 boxes of 30 per month (60- 180). Used at each bag change for extra security if patient has hernia or skin creases. Must be the same manufacturer as for bag to ensure compatibility.			
Coloplast Brava tape	Box of 20	£14.08	12070	
Salts Flange Extender with Aloe	Box of 30	£14.38	SPHA2	
Respond Comfort Flange Extender	Box of 30	£12.92	AFES30	
Pouch clips	1 box of 10 per year. Reusable. Used with drainable ostomy bags (usually older 2-piece systems) that don't have integrated closure to seal the bag. Rarely needed, SCN to review to assess continued suitability.			
ConvaTec	Box of 10	£3.83	S207	

*Prices from Drug tariff February 2024 **Note prices may change.**

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Contact Details and References

Practices may refer patients to Stoma Nursing Team, or patients may self-refer.

Stoma Nurse Contact Details:

Salisbury Foundation Trust:

Stoma Care Dept, SFT, Salisbury, Wilts, SP2 8BJ sft.salisburystomacare@nhs.net (Mon-Fri 8.30am – 4.30pm)

Great Western Hospital:

Stoma Care Team, GWH, Swindon, Wilts SN3 6BB gwh.stomacare@nhs.net (Mon-Fri 8.00am – 4pm)

Royal United Hospital:

Stoma Care Team, RUH, Bath BA1 3NG ruh-tr.Stomatherapy@nhs.net (Mon-Fri 7.30am – 3.30pm)

Queries regarding prescribing stoma products in primary care can also be directed to bswicb.prescribing@nhs.net

References

1. PrescQIPP Bulletin 338. December 20123. Stoma

<https://www.prescqipp.info/umbraco/surface/authorisedmediasurface/index?url=%2fmedia%2f6883%2f338-stoma-20.pdf>

2. PrescQIPP Bulletin 222. Stoma underwear. Devices DROP-list <https://www.prescqipp.info/our-resources/bulletins/bulletin-222-stoma-underwear-devices-drop-list/>