

# Incontinence skin care pathway B

This pathway is for patients/residents at risk or with existing skin damage due to the effects of incontinence (urine and/or faeces) on the skin

For clinical advice please contact your Tissue Viability Team following the appropriate referral protocol

















For training and support on Cavilon Skin Care Products please contact Hannah Jones 07557 510052 hjones3@solventum.com



\* IAD Severity Categorisation Tool taken from Beckman D et al. Proceedings of the Global IAD Expert Panel. Incontinence-associated dermatitis: moving prevention forward. Wounds International 2015.

Step down

Step up

Clinical presentation*		Cleansing the Skin	Apply a Skin Protectant	When to use	How much to use
Prevention	<b>At risk of skin damage as patient is incontinent</b> No redness and skin intact 	Always wash skin with water and a soap substitute such as Dermol 500 lotion – also after each episode of incontinence	 Cavilon Durable Barrier Cream	 Apply morning and evening	 Apply Cavilon Durable Barrier Cream in pea-sized amounts and apply a thin even layer
	<b>Mild</b> Red* but skin intact * Or paler, darker, purple, dark red or yellow in patients with darker skin tones. 		 Cavilon Durable Barrier Cream	 Apply morning and evening	 Apply Cavilon Durable Barrier Cream in pea-sized amounts and apply a thin even layer
<b>Moderate</b> Red* with skin breakdown * Or paler, darker, purple, dark red or yellow in patients with darker skin tones. 	 Cavilon No Sting Barrier Film		Apply daily (Does not need re-applying after each wash or incontinence episode as barrier protection will last for 24 hours)	 Apply an even coat of film to the entire area to be treated	
<b>Moderate to High risk – Please refer to Tissue Viability with a photograph for further advice and support</b>					
Management	<b>High risk</b> of incontinence associated dermatitis (IAD) development e.g. liquid stool or infective diarrhoea 	Cleanse the skin with a pH balanced no-rinse liquid skin cleanser or warm water and soap substitute	 Step up to Cavilon Advanced or alternative, as per local protocol, for 2 weeks, then review	 2 x per week	 Apply an even coat   Allow to dry for at least 30 seconds or touch dry

## Important considerations

- Ensure a full continence assessment has been completed
- Refer to TVN if infection is suspected. Cavilon Skin care products should not be used on infected skin
- **Follow the step up and step down approach – always ensure the product used is appropriate to the condition of the patient's skin and if no improvement after 72hrs consider stepping up the pathway**