

FROM	TO	Recommendation: see SystmOne/TPP searches under Medicines Management Reporting	Link to website statement
<b>Technician switches</b>			
Aerochamber	Easychamber	All models of Easychamber. (Dishwasher safe, antistatic, removeable mask)	
Alfuzosin 10mg MR	Besavar XL 10mg		
Alphagan	Brimonidine	Prescribe as generic – all glaucoma eye drops, single and combination preparations	
Any bath preparation, bath oil, shower gel or wash	STOP (Can offer Epimax or Isomol as soap substitute)	Stop use - use moisturising emollient as soap substitute (for all patients including young children)	<a href="#">BSW Emollient Prescribing Guidance for Adults and Children</a>
Arimidex or Femara	Anastrozole or Letrozole		
Asacol	Octasa		
Aveeno	Epimax Oatmeal Cream	Switch to cost-effective creams, including Cetraben. Do not switch in leg ulcer patients. Stop moisturising creams used occasionally for dry skin patients	<a href="#">BSW Emollient Prescribing Guidance for Adults and Children</a>
Azopt	Brinzolamide	Prescribe as generic – all glaucoma eye drops, single and combination preparations	
Beclometasone 50micrograms/dose nasal spray	Beconase Aqueous 50micrograms/dose nasal spray		
Blephasol, Blephagel, Blephaclean	Stop or purchase OTC	Stop eyelid hygiene products	
BuTrans or buprenorphine patch	Bunov (Second line: Sevodyne if Bunov not tolerated or is unavailable)		
Buprenorphine, Butec, Butrans & Reletrans patches - <b>15microgram strength ONLY</b>	Sevodyne 15microgram patch		
Calcichew 1000/800, Calcichew D3 chewable	Accrete D3 One a day/theiCal- D3 chewable tablets (OD dosing) OR Accrete D3 film coated tablets (BD dosing). Adcal caplets can be used for Dosettes.	Most cost-effective brands; switch if discharged on Adcal D3 chewable formulation.	

2024/25 Savings Recommendations  
Prescribe Well – Spend Less

Carmellose 0.5% PF (Carmize 0.5% eye drops/Cellusan light 0.5% eye drops PF/Evolve carmellose 0.5% eye drops PF/Ocu-lube carmellose 0.5% eye drops PF/Ophtho-lique 0.5% eye drops/Celluvisc 0.5% eye drops 0.4ml unit dose/Xailin fresh 0.5% eye drops 0.4ml unit dose PF/Tearvis 0.5% eye drops)	Aaqueye carmellose 0.5% eye drops	Avoid switching if a very severe case of dry eyes	<a href="#">BSW Dry Eye Guidance</a>
Cerazette	Desogestrel	If not on repeat, leave note for next prescriber to switch. Prescribe by brand in patients with soya or nut allergy (some generics contain ingredients unsuitable for soya or nut allergy sufferers - check individual SPCs).	
Cialis (20mg or 10mg)	Tadalafil		<a href="#">ED guidance</a>
Circadin MR tablets	Melatonin MR tablets		<a href="#">BSW ICB Primary Care Guidance for the use of Melatonin for Sleep Disorders in Adults with Learning Disability and Behaviour that Challenges</a> <a href="#">BSW Guidelines for the use of Melatonin in Children</a>
Co-careldopa (10mg/100mg and 25mg/250mg)	Sinemet		
Creams and emollients; Diprobase, Cetraben, E45, Aqueous cream	Epimax (or ExCetra for leg ulcer care)	Switch to cost-effective creams, including Cetraben. <b>Do not switch in leg ulcer patients.</b> Stop moisturising creams used occasionally for dry skin patients	<a href="#">BSW Emollient Prescribing Guidance for Adults and Children</a>
Cosopt	Dorzolamide/Timolol	Prescribe as generic – all glaucoma eye drops, single and combination preparations	
Crestor or Rosuvastatin capsules	Rosuvastatin tablets		
Doublebase gel	Epimax Isomol gel		<a href="#">BSW Emollient Prescribing Guidance for Adults and Children</a>
Dovobet gel	Generic Calcipotriol 0.005%/Betamethasone Dipropionate 0.05% gel		
Durogesic or fentanyl patch	Mezolar Matrix (or Matrifen)		
Vagifem	Estradiol 10microgram vaginal tablets		
Ethosuximide 250mg/5ml oral solution	Emeside syrup		
Exelon or rivastigmine patch	Alzest		

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Flexitol Heel Balm (this is twice daily application)	Dermatonics Once Heel Balm	Diabetic foot	
Felodipine	Delofine	Non formulary; existing patients only.	
Femodene or Katya or Akizza (Ethinylestradiol 30mcg / gestodene 75 mcg)	Millinette 30microgram/75microgram tablets		
Femodette or Sunya or Akizza (Ethinylestradiol 20mcg / gestodene 75 mcg)	Millinette 20microgram/75microgram tablets		
Forceval	Valupak Multivitamin and Mineral One a Day (Dialysis and Bariatric and Gastric surgery patients are exempted from this switch)	Ensure you pick the correct Valupak product	
Fortisip bottle	Altraplen Energy		<a href="#">BSW Oral Nutrition Supplements (ONS) Formulary</a>
Ensure Plus Milkshake Style	Altraplen Energy		<a href="#">BSW Oral Nutrition Supplements (ONS) Formulary</a>
Fresubin Energy	Altraplen Energy		<a href="#">BSW Oral Nutrition Supplements (ONS) Formulary</a>
Ensure Plus Juice	Aymes Actagain Juice	<b>*Juice style supplements are not suitable for people with diabetes – can flag to original prescriber or alternatively prescribing support dietitians bswicb.prescribingsupportdietitians@nhs.net</b>	<a href="#">BSW Oral Nutrition Supplements (ONS) Formulary</a>
Fresubin Jucy	Aymes Actagain Juice	<b>*Juice style supplements are not suitable for people with diabetes – can flag to original prescriber or alternatively prescribing support dietitians bswicb.prescribingsupportdietitians@nhs.net</b>	<a href="#">BSW Oral Nutrition Supplements (ONS) Formulary</a>
Galantamine	Galzemic (or Gazylan brand if Galzemic brand not available)		
Glycopyrronium tablets	Assicco		
Hypromellose Eye drops 0.3% (Artelac 0.32% eye drops/Hypromellose 0.32% eye drops/Ocufresh 0.3% eye drops/Lumicare hypromellose 0.3% eye drops)	Aapromel (non PF) eye drops 0.3%	Avoid switching if a very severe case of dry eyes	<a href="#">BSW Dry Eye Guidance</a>
Ibugel 10% or ibuprofen gel, Voltarol gel, Feldene gel	Fenbid 5% gel	<b>10% Ibuprofen gel is non formulary and should not be prescribed.</b> Suggest purchased OTC (or	

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		prescribe 5% gel if patient declines and prescriber feels there is clinical need)	
ISMN 60mg MR tab	Monomil XL (Medicines Supply Notification for ISMN 60mg 27/08/24 - Monomil® XL 60mg tablets are in limited supply until <b>late December 2024</b> )		
Lipitor	Atorvastatin		
Losec or Nexium	Omeprazole or Esomeprazole		
Marvelon or Gedarel (Ethinylestradiol 30mcg / desogestrel 150mcg)	Cimizt		
Mercilon or Gedarel (Ethinylestradiol 20mcg / desogestrel 150mcg)	Bimizza		
Metformin 1g tablets	2x Metformin 500mg tablets		
Microgynon or Elevation or Ambelina or Ovranette (Ethinylestradiol 30mcg / levonorgestrel 150mcg)	Rigevidon		
Mirapexin or Pramipexole MR	Pipexus		
Movelat	Purchase OTC (or swap to Fenbid (ibuprofen) if appropriate)	Advise purchase topical rubefacients OTC	
Macrogol 3350 (Transisoft) or Movicol Adult	Laxido Orange, Cosmocolor or generic Macrogol	Transisoft is non-formulary - This preparation contains no electrolytes and is significantly more expensive at £142.79 for 28 sachets than formulary choice generic macrogol compound products in Primary Care.	
Movicol Paediatric	Cosmocolor (if orange, lemon, lime flavours), Laxido (if plain),		
Nasonex	Mometasone		
Omeprazole tablets	Omeprazole capsules		
Oxycodone IR	Shortec		
Oxycodone MR	Longtec		
Pramipexole MR - all strengths	Pipexus MR		
Premium price generics (These appear on system as drug, strength (Manufacturer) )	Plain generic		Use <a href="#">Open Prescribing</a> for PPGs not on <a href="#">search</a>
Reminyl or galantamine XL	Galzemic (or Gazylan brand if Galzemic brand not available)		
Requip or ropinirole MR (2mg, 4mg and 8mg only)	Ipinnia XL		

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Prescribe Well – Spend Less

Rizatriptan 10mg tablets	Rizatriptan 10mg orodispersible tablets		<a href="#">Primary Care Migraine Treatment Pathway for Adults</a>
Seroquel XL or any brand of quetiapine MR	Brancico XL (line: Zaluron XL If Brancico not tolerated)		
Simple eye ointment	Hylo-Night		-
Sodium Chloride 5% eye drops	Sodieye PF 5% eye drops		-
Sodium Chloride 9% nasal drops	Purchase OTC. <b>If</b> prescribed, please prescribe as Orbis brand	Should be OTC in first instance. Otherwise prescribe as Orbis brand	-
Sodium cromoglicate eye drops	Stop or purchase OTC	Advise purchase sodium cromoglicate eye drops for rhinitis/allergies	
Sodium hyaluronate 0.1% PF (Hylo Tear 0.1% PF/Ocu-lube HA 0.1% PF/Xailin tears HA 0.1% PF/Viscotears HA 0.1% PF/Eyeaze 0.1% PF/Hy-Opti 0.1% PF/Clinoptic HA 0.1% PF)	Viscotears HA 0.1% PF	Avoid switching if a very severe case of dry eyes. Please contact bswicb.prescribing@nhs.net for support with calculating this saving.	<a href="#">BSW Dry Eye Guidance</a>
Sodium hyaluronate 0.2% PF (Clinitas 0.2% eye drops 0.5ml unit dose PF/Clinitas multi 0.2% PF/Evolve HA 0.2% PF/Hylo-Forte 0.2% PF/Ocu-lube HA 0.2% PF/Xailin HA 0.2%/ Xailin plus HA 0.2% PF/Hydramed 0.2% PF)	Aactive HA PF 0.2%	Avoid switching if a very severe case of dry eyes	<a href="#">BSW Dry Eye Guidance</a>
Sodium hyaluronate 0.4% PF (Clinitas 0.4% eye drops 0.5ml unit dose PF/Clinitas multi 0.4% PF/Hydramed forte 0.4% PF/Hydramed forte 0.4% eye drops 0.5ml unit dose/EyezXL 0.4% PF/Sodium Hyaluronate 0.4% eye drops PF)	Eyeaze 0.4% eye drops PF	Avoid switching if a very severe case of dry eyes	<a href="#">BSW Dry Eye Guidance</a>
Stalevo	Sastravi		
Sukkarto SR 500mg, 1000mg	Metformin MR 500mg, 1g	<b>Sukkarto (500mg, 1000mg strengths )is now more expensive than generic metformin MR.</b> (NB Sukkarto SR 750mg remains more cost effective than metformin MR 750mg)	
Tolterodine XL 2mg, 4mg	Tolthen XL 2mg, 4mg		
Unifine, Clickfine	Glucorx fine point or BD Viva	Use insulin pen needles <£6/box	
Utrogestan 100mg capsules	Progesterone micronised 100mg capsules		<a href="#">BSW HRT Formulary Treatment Options</a>
Venlafaxine MR caps & tabs (37.5mg, 225mg), Venlafaxine MR caps (150mg)	Vencarm XL		
Vesicare	Solifenacin		

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Viagra	Sildenafil		
Xalacom	Latanoprost & Timolol	Prescribe as generic – all glaucoma eye drops, single and combination preparations	
Xalatan	Latanoprost	Prescribe as generic – all glaucoma eye drops, single and combination preparations	
Yasmin or Lucette or Ellanite (Ethinylestradiol 30 mcg / drospirenone 3 mg)	Yacella		
Zolmitriptan tablets	Zolmitriptan orodispersible tablets		<a href="#">Primary Care Migraine Treatment Pathway for Adults</a>
Zyprexa velotab or Olanzapine oral lyophilisates	Olanzapine tablets (or use orodispersible s/f)		
<b>Pharmacist switches/ input then technician to switch</b>			
Alendronic acid 70mg effervescent tablets	Alendronic acid 70mg tablets	Effervescent tablets should be reserved for patients with swallowing difficulties	
Alendronic acid 70mg/100ml oral solution SF	Alendronic acid 70mg effervescent tablets	Effervescent tablets are more cost effective than the oral solution	
Aviva, FreeStyle Optium, OneTouch, Compact, Active	T2: True Metrix, T1: As per specialist, but Glucomen Areo 2k meter is recommended. (Aviva and Freestyle Optium may be required by very complex T1 patients)	Use glucose test strips <£7.50/pack of 50	<a href="#">Blood Glucose Monitoring in Diabetes</a>
Clobazam oral solution/suspension	Zacco	Category 2 antiepileptic. 10mg/5ml strength preferred and most cost-effective.	
Desmopressin 100mcg	DDAVP 0.1mg	Licensed indication vary between products - check SmPC	
Fesoterodine / Darifenacin	Deprescribe or Solifenacin	Non-formulary Antimuscarinic	<a href="#">OAB guidance</a>
Fostair (Beclometasone/Formoterol) 100mcg/6mcg and 200mcg/6mcg dose inhaler	Luforbec (Beclometasone/Formoterol) 100mcg/6mcg and 200mcg/6mcg dose inhaler	Luforbec is pMDI ICS/LABA brand of choice in BSW; more cost effective vs Fostair. <b>NB 200mcg strength only licensed for asthma not COPD</b>	
Gabapentin 1 x 800mg tablet	Replace with 2 x Gabapentin 400mg capsules		
Glucose test strips: Stop if unnecessary (not on insulin, or sulphonylureas)	STOP		<a href="#">Blood Glucose Monitoring in Diabetes</a>
Imigran	Sumatriptan	Review, and if no specific reason why Imigran is being prescribed, switch to generic	
Keppra	Levetiracetam		<a href="#">Category 3 Antiepileptic</a>
Lamictal tablets	Lamotrigine		
Liothyronine tablets (5mcg and 10mcg)	Liothyronine Capsules		

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Melatonin (immediate release) 3mg capsules	Adaflex (immediate release) 3mg tablets		
Naproxen GR, effervescent, suspension	Naproxen standard	Avoid GR and liquid versions unless necessary	
Qvar 50 & 100 (Note: NOT the Autohaler or Easi-breathe)	Kelhale 50 & 100 (Same device. Dose counter to help patient use the full inhaler and order timely)		
Relvar 92 & Incruse	Trelegy	Switch to single inhaler. Higher strength Relvar not on searches as indicated for asthma not COPD. Consider carefully whether patient truly needs triple therapy or LABA/LAMA	<a href="#">BSW COPD Guidance (Nov 2021)</a>
Riluzole tablets	Riluzole orodispersible film		
Seretide 500/50 accuhaler	Relvar 92	COPD guidance only recommends low dose ICS. Seretide Accuhaler not on asthma guidance. For Asthmatic patients, consider this switch patient carefully and assess	
Seretide Evohaler, Fluticasone/salmeterol 250/25 or 125/25 MDI	AirFlusal (all fluticasone/salmeterol are non-formulary in asthma – do NOT start new patients). Luforbec: For COPD patients who need a pMDI	Prescribe by BRAND – avoid generic combination inhalers. Switch Seretide 250/25 or 125/25 to equivalent BRAND. <b>Involve respiratory nurses in decision making/copy them in</b>	
Sertraline 28 x 25mg tablets	Replace with Sertraline 14 x 50mg tablets	Replace sertraline 25mg tablets with 25mg dose achieved by taking half a 50mg tablet or a 50mg tablet taken on alternate days. Sertraline 25mg are not in the Drug tariff and not included on BSW Formulary. The only indications for this strength is the initial 7 days dose titration in adults for panic disorder, post-traumatic stress disorder and social anxiety disorder and in children for obsessive compulsive disorder.	
Symbicort, DuoResp, Budesonide/formoterol 100/6, 200/6 or 400/12	Fobumix 80/4.5, 160/4.5 and 320/9 (Symbicort or DuoResp non-formulary)	Switch and prescribe by brand	
Tiotropium 18mcg or Spiriva DPI (not Respimat)	Braltus	Switch as per COPD guidance	
Unexpectedly expensive items	Run search to see if any of these items are being prescribed. For example: amitriptyline 10mg/5ml, but 25mg/5ml and 50mg / 5ml are a lot more cost-effective		

Vitamin B compound (standard & strong)	Deprescribe	Change in guidance, Vit B compound no longer recommended for alcoholism. <b>N.B.</b> Please ensure there is an adequate thiamine daily dose of 200mg to 300mg	
<b>Prescriber switches only</b>			
Cialis OD (2.5mg or 5mg)	Sildenafil or Tadalafil (once a week or on demand PRN)		
Ciprofibrate	After review switch to a more cost effective fibrate or another alternative treatment	<b>Ciprofibrate is non formulary</b>	
Co-Proxamol	Paracetamol +/- weak opioid	STOP prescribing	
Dicycloverine (any dose and formulation)	Mebeverine, Hyoscine, Alverine, Mintec	Avoid prescribing - poor NHS value	
Dosulepin	Alternative antidepressant (SAFETY ISSUE)	Low Value Medicine	
Lidocaine patches	Deprescribe (see formulary for indications)	Low Value Medicine	
Targinact (oxycodone & naloxone)	Opioid & separate laxative	Avoid prescribing combination - Low Value Medicine	
Trimipramine	Alternative antidepressant	Low Value Medicine	

**A set of BSW cost saving clinical searches can be located in SystmOne here: Reporting> Clinical Reporting> BSW General Practice> Medicine Optimisation Team> Cost Savings**