2024

Bath, North East Somerset, Swindon & Wiltshire Continence & Urology Product Formulary

APPROVED BY BSW APC MARCH 2024

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Purpose of the formulary

This formulary has been prepared to give healthcare professionals across Bath and North East Somerset, Swindon and Wiltshire localities a workable list of appliances and devices for the management of bladder and bowel care. This formulary is to be used as a guide when selecting or prescribing these products for patients that have either a bladder or bowel problem. This Formulary provides guidance to prescribers and is not intended to restrict patient choice.

Principles of good practice

- A comprehensive continence assessment is required before considering any continence appliance or device: the emphasis should be on appropriate treatment or management. Product selection should be made to meet the patient's needs on an individual basis as not all products are suitable for all.
- Please **use the Formulary** for all assessments and reassessments. If an alternative product which is not on the Formulary is required, please call your locality Specialist Continence/Bladder and Bowel Service for advice (details on page 5).
- Following clinical assessment, please ensure that your notes are clear as to which product(s) your patient will need. This includes adding information about product sizes, recommended quantities for a month, and if you have them the codes for these products to facilitate prompt prescribing.
- **A prescription for any continence appliance or device** (**NOT** incontinence pads) must be **triggered by the patient requesting their items from their prescriber (e.g. from their GP Surgery) – not by a third party such as** a Dispensing Appliance Contractor (DAC).
- **The DAC must first be provided with a prescription prior to ordering/supplying the patient**. Quantity of appliances in this formulary is a guide only as each item is individual to the person's needs and usage will reflect this.
- Always follow manufacturer's guidelines when applying products

Non-Formulary Choices

- The formulary should cover the vast majority of prescribing. If the formulary does not meet the needs of your patient, advice should be sought from your locality Continence/Blader and Bowel Service. The advice should be clearly documented on the patient records.
- Where non-formulary products are identified repeatedly, we can consider revising the formulary. We welcome feedback on the formulary - bswicb.prescribing@nhs.net.
- We will also actively monitor FP10 prescribing for formulary feedback and training need analysis.

Correct prescribing practice

- Always confirm with the patient what they already have in stock and what they actually need
- Do not issue any post-dated prescriptions
- Do not issue or add new continence/urology items to a patient's repeat prescription unless they have been initiated and approved by a qualified healthcare professional (e.g. a Bladder and Bowel Continence Nurse Specialist (CNS), a Urology Nurse Practitioner (UNP), an NHS commissioned community/district nurse providing the patient's care plan). Requests should adhere to the formulary unless there is written evidence of clinic letter in the patient's notes detailing the rationale for deviating from the formulary
- Non-formulary - Any request for new items (formulary or non-formulary) directly from a DAC on behalf of the patient should be approved by the NHS employed or NHS commissioned healthcare professional responsible for the patient's care.
- If you are concerned about the high quantities prescribed or an early prescription request, please contact the healthcare professional responsible for the patient's care as this may indicate that the patient needs an Appliance Use Review (AUR)
- Do not re-issue any missing prescriptions that have already been supplied to a dispensing appliance contractor (DAC) without investigating
- Do not issue prescriptions more than 14 days before they are needed, except if the patient/carer states they need their prescription early for a valid reason (e.g. to cover a holiday) or the patient has been classed as a vulnerable patient
- Do not issue higher quantities than those recommended in these guidelines, except on the documented advice of a qualified healthcare professional (e.g. a CNS, an NHS commissioned community/district nurse providing the patient's care plan)
- DACs must request a prescription before supplying the products. The only exception is in an emergency. In the event of an emergency a DAC representative, or an NHS employed or NHS commissioned nurse will contact the patient's practice directly, explain the reasons for the urgent prescription and gain authorisation from the prescriber at the relevant practice before placing the order at the DAC
- DACs are contractually required to only supply appliances upon receipt of a valid prescription or an emergency request from a prescriber. A retrospective prescription, i.e. when a DAC dispatches an order before receiving a prescription, is incorrect practice. The prescriber is not legally or contractually obliged to supply a retrospective prescription.

Contact details for the Specialist Continence / Bladder and Bowel Health

Wiltshire Continence Service	Swindon Continence Service	Bath and North East Somerset Bladder and Bowel Service
• For professional use only: whc.wiltshirecontinence@nhs.net • For patients and self-referrals: whc.continencepatient@nhs.net • Telephone: 01722 323196	• Email: gwh.swindoncontinenceservice@nhs.net • Telephone: 01793 646436	• Email: bathnesccc.referrals@nhs.net • Telephone: 0300 2470200

Indwelling Urinary Catheters – General Principles

- Adult urinary catheters are manufactured in two lengths:
    - “female” length (20-26cm)
    - “standard” length (40- 45cm) – this is sometimes described as “male”.
- The use of standard-length catheters in females poses no safety issues.
- **Do not use female length catheters on male patients:** if a female length catheter is accidentally used for a male, the ‘balloon’ inflated with sterile water to retain the catheter will be within the urethra, rather than the bladder, and can then cause severe trauma
- Indwelling Urinary Catheters can be used for up to 12 weeks, unless otherwise stated.
- Large Charriere sizes i.e. size 18+, although available on prescription, should not be used unless specifically indicated.
- Catheters listed are licensed for urethral and suprapubic use
- If a catheter is being used less than 4 weeks i.e. requiring frequent catheter changes, consider:
    - Hydration and monitor fluid intake consider using a drinks tracker
    - Using a short-term catheter
- All balloon sizes are 10mls unless otherwise stated.
- If a patient has a **latex allergy,** please select “all silicone” catheters.

Catheters for Longer Term use – Up to 12 Weeks

Product Name	S/F/M	Balloon	Code	Qty	Price	Information
CliniSupplies Ltd Prosys All Silicone Foley Catheter	Standard/Male	10ml	PCF12M10	1	£6.18	• Inflation and deflation syringes included.
		10ml	PCF12M10	1	£6.18	
		10ml	PCF12M10	1	£6.18	
		10ml	PCF12M10	1	£6.18	
	Female	10ml	PCF12F10	1	£6.18	
		10ml	PCF14F10	1	£6.18	
		10ml	PCF16F10	1	£6.18	
		10ml	PCF18F10	1	£6.18	
Bard LUBRI-SIL Hydrogel coated All-Silicone	Standard/Male	10ml	D175812	1	£10.38	• Only for patient who have allergies to lubricants. • Inflation and deflation syringes included.
		10ml	D175814	1	£10.38	
		10ml	D175816	1	£10.38	
		10ml	D175818	1	£10.38	
Teleflex Rüsch Brillant AquaFlate All-Silicone	Standard/Male	10ml	DA310112	1	£6.11	• Includes syringe prefilled with sterile water and 10ml empty syringe for balloon deflation.
		10ml	DA310114	1	£6.11	
		10ml	DA310116	1	£6.11	
		10ml	DA310118	1	£6.11	

Catheters for Short/Medium Term Use – Up To 28 Days

- Maximum period of use is up to 28 days
- These are licensed for urethral and suprapubic use
- If your patient has a latex allergy, please use an all-silicone catheter

Product Name	S/F/M	Balloon	Ch	Code	Qty	Price	Notes
Teleflex Rüsch PTFE AquaFlate **PTFE Coated Latex**	Male	10ml	12	DP310112	1	£2.32	• PTFE Coated Latex • With sterile water filled syringe for balloon inflation & empty syringe for balloon deflation • Short term use
		10ml	13	DP310114	1	£2.32	
		10ml	14	DP310116	1	£2.32	
		10ml	18	DP310118	1	£2.32	
	Female	10ml	12	DP210112	1	£2.32	• PTFE Coated Latex • With sterile water filled syringe for balloon inflation and empty syringe for balloon deflation • Short term use
		10ml	14	DP210114	1	£2.32	
		10ml	16	DP210116	1	£2.32	
		10ml	18	DP210118	1	£2.32	

Open Ended Indwelling Catheters

- An open-ended catheter is an alternative for a patient experiencing problems with repeated blockage and bypassing. There is no tip to the end of the catheter creating an additional drainage channel.
- For use for up to 12 weeks.
- Contact your locality specialist service as above for help and advice

Product Name	S/F/M	Balloon	Ch	Code	Qty	Price	Information
Coloplast Folysil® All Silicone catheter (open ended)	Male	10ml	12	AA74 (12)	1	£6.83	
		10ml	14	AA74 (14)	1	£6.83	
		10ml	16	AA74 (16)	1	£6.83	
		10ml	18	AA74 (18)	1	£6.83	
Coloplast Folysil X-Tra silicone open ended catheter	Standard	10ml	12	AA8C12	1	£6.91	• With pre-filled syringe for balloon inflation and supplementary syringe for balloon deflation
		10ml	14	AA8C14	1	£6.91	
		10ml	16	AA8C16	1	£6.91	
		10ml	18	AA8C18	1	£6.91	

Linc Medical OptiTip All Silicone Open Tip Catheter	Standard	5ml	12	1007UB12OT	1	£11.36	• UniBal integral balloon and extra drainage hole beneath the balloon • With 5% **glycerine** in sterile water filled syringe for balloon inflation • With empty syringe for balloon deflation • With a syringe of lidocaine & chlorhexidine for lubrication
		5ml	14	1007UB14OT	1	£11.36	
		5ml - 10ml	16	1007UB16OT	1	£11.36	
		5ml - 10ml	18	1007UB18OT	1	£11.36	
	Female	5ml	12	1007UBF12OT	1	£11.36	
		5ml	14	1007UBF14OT	1	£11.36	
		5ml -10ml	16	1007UBF16OT	1	£11.36	
		5ml - 10ml	18	1007UBF18OT	1	£11.36	
LINC Medical All Silicone Open Tipped Suprapubic Catheter **Glycerine balloon**	Standard	5ml	12	08451205G	1	£11.36	• With integral balloon • With **glycerine** filled syringe • With a syringe of lidocaine/chlorhexidine lubricant gel
		5ml	14	08451405G	1	£11.36	
		10ml	16	08451610G	1	£11.36	
		10ml	18	08451810G	1	£11.36	
	Female	5ml	12	08471205G	1	£11.36	
		5ml	14	08471405G	1	£11.36	
		10m	16	08471610G	1	£11.36	
		10m	18	08471810G	1	£11.36	
LINC Medical All Silicone Open Tipped Suprapubic **Water balloon**	Standard	5ml	12	08451205W	1	£11.36	• With integral balloon • With **water** filled syringe • With a syringe of lidocaine/chlorhexidine lubricant gel
		5ml	14	08451405W	1	£11.36	
		10ml	16	08451610W	1	£11.36	
		10ml	18	08451810W	1	£11.36	
	Female	5ml	12	08471205W	1	£11.36	
		5ml	14	08471405W	1	£11.36	
		10ml	16	08471610W	1	£11.36	
		10ml	16	08471810W	1	£11.36	
CliniSupplies Ltd Prosys All-Silicone Foley Catheter (open ended)	Standard	10ml	12	PCF12M10E	1	£5.83	
		10ml	14	PCF14M10E	1	£5.83	
		10ml	16	PCF16M10E	1	£5.83	
		10ml	18	PCF18M10E	1	£5.83	

Catheterisation Lubricants

Catheterisation lubricant is used to:

- Reduce injury to the urothelium & subsequent risk of urethra trauma/damage.
- Facilitate pain free insertion. Possibly reduce risk of associated infection.
- **Lidocaine is used as standard unless the patient has a known hypersensitivity to the active ingredients or in patients with significantly damaged urethral mucosa.**
    - A water-soluble lubricant can be used in patients where use of lidocaine is contra-indicated.
- **Medical Devices Agency (MDA) Alert October 2012 warns products containing Chlorhexidine have a risk of anaphylactic reaction.**

Inserted doses:

- If licensed for suprapubic catheter changes and appropriate recommend use of 6ml size.
- For urethral catheterisation, 6ml size should be used for females and 11ml for males.

Lubricant without Lidocaine or Chlorhexidine					
Product Name	**Lidocaine**	**Chlorhexidine**	**Code**	**Normal Usage**	**Price**
Cathejell Mono 8.5g	No	No	CJM08501	1 x 8.5g per catheter supplied	£0.85
Cathejell Mono 12.5g	No	No	CLM12501	1 x 12.5g per catheter supplied	£0.90
OptiLube Sterile Lubricating Jelly 6ml	No	No	1125	1 x 6ml syringe per catheter supplied	£0.98
OptiLube Sterile Lubricating Jelly 11ml	No	No	1126	1 x 11ml syringe per catheter supplied	£1.03
Lubricant with 2% Lidocaine and without Chlorhexidine					
Product Name	**Lidocaine**	**Chlorhexidine**	**Code**	**Normal Usage**	**Price**
Cathejell Lidocaine 12.5g	Yes	No	CJLL12501	1 x 12.5g per catheter supplied	£1.19
OptiLube Active CHG Free 6ml	Yes	Yes	1160	1 x 6ml syringe per catheter supplied	£1.08
OptiLube Active 11ml	Yes	Yes	1161	1 x 11ml per catheter supplied	£1.13

Local anaesthetic Lidocaine 2% and chlorhexidine Gluconate 0.05%					
Product Name	**Lidocaine**	**Chlorhexidine**	**Code**	**Normal Usage**	**Price**
Cathejell Lidocaine C 8.5g	Yes	Yes	CJL 08501	1 x 8.5g per catheter	£1.26
Cathejell Lidocaine C 12.5g	Yes	Yes	CJL 12501	1 x 12.5g per catheter	£1.31
Instillagel 6ml Syringe	Yes	Yes		1 x 6ml per catheter	£10.50/pack ten – packs cannot be split; advise patient to retain the syringes for future catheterisations
Instillagel 11ml Syringe	Yes	Yes		1 x 11ml per catheter	£11.00/pack ten – packs cannot be split; advise patient to retain the syringes for future catheterisations

Catheter Drainage Bags

General Principles:

- A *sterile* drainage bag should always be used for the collection of urine from indwelling urinary catheters when connected directly to the catheter.
    - Maintaining a closed system between the catheter and the sterile drainage bag reduces the risk of infection.
    - The leg bag **MUST NOT** be removed when attaching a night drainage bag. This "link" system allows for extra drainage capacity overnight.
    - The night drainage bags should be single use non-sterile.
- *Non-sterile*, single use drainage bag can be used as part of a "link" system, where the non-sterile drainage bag is connected to the sterile leg bag above.
- Please do not prescribe drainable drainage bags without a clear rationale, which should be documented in the patient notes.
- Non-Sterile drainage bags should be used with penile sheaths.
- Drainage bags can be worn in different positions on the leg: thigh, knee & calf, depending on patient preference. The position will determine the length of the inlet tube:
    - Direct; short tube 6cm - 10cm; long tube 25cm – 30cm
- Leg bags must be secured to the leg. They can be attached using
    - latex free, washable elastic Velcro straps with non-slip backing (usually packed with the leg bag)
    - leg bag holder/supports.
- 500ml is the most common size used however the size selected should suit the needs of your patient
- Leg bags should be changed every 5-7 days

Leg Bags

Product Name	Bag Volume	Tube Length	Tap	Code	Qty	Price	Notes
Bard Spirit Leg Bags **Sterile**	500ml	Short Tube 10cm	Lever	DSLB500S	10	£25.73	With: • lever tap • 1 pair of sterile latex free gloves • 1 pair of elasticated straps
	500ml	Short Tube 30cm	Lever	DSLB500L	10	£25.73	
	750ml	Short Tube 10cm	Lever	DSLB750S	10	£25.73	
	750ml	Long Tube 30cm	Lever	DSLB750L	10	£25.73	
	750ml	Variable (60cm)	Lever	DSLB750V	10	£25.73	
Coloplast Simpla Profile Leg Bag **Sterile**	350ml	Short tube (6cm)	Lever	21563	10	£32.00	With: • lever tap • anti-kink straw-like tubing • chambered design • needle free sample port • soft backing
	350ml	Long tube (25cm	Lever	21564	10	£32.00	
	500ml	Short tube (6cm)	Lever	21573	10	£32.55	
	500ml	Long tube (25cm)	Lever	21574	10	£32.55	
	750ml	Short tube (6cm)	Lever	21593	10	£33.03	
	750ml	Long tube (25cm)	Lever	21594	10	£33.03	

Coloplast Simpla Profile Leg Bag ***Non-Sterile***	500ml	Adjustable 50cm tube	Lever	21584	10	£32.81	• Non-sterile therefore **not** to be used with catheters; **for use with Sheaths only**
Optimum Ugo Leg Bag **Sterile**	500ml	Short tube	Lever	1C/500/ST/L	10	£25.59	• Non-return valve, needle free sample port, outlet connector, soft fabric backing and a pair of non-latex Ugo fix leg bag straps
	500ml	Long tube	Lever	2C/500/LT/L	10	£25.59	
CliniSupplies Prosys Leg Bag **Sterile**	350ml	Short Tube	Slide	P350S	10	£27.51	With: • 1 pair of non-latex gloves • 1 pair soft elasticated cotton Velcro straps per box of 10
	350ml	Long Tube	Slide	P350L	10	£27.51	
	500ml	Short Tube	Lever	P500S-LT	10	£27.29	
	500ml	Long Tube	Lever	P500L-LT	10	£27.51	
	500ml	Short Tube	Slide	P500S	10	£27.51	
	500ml	Long Tube	Slide	P500L	10	£27.51	
	750ml	Short Tube	Slide	P750S	10	£27.51	
	750ml	Long Tube	Slide	P750L	10	£27.51	
Great Bear Libra Leg Bag **Sterile**	350ml	Short Tube	Lever	10100A	10	£30.44	With: • lever tap • overnight connector • elastic non-slip Velcro straps
	500ml	Short Tube	Lever	10102C	10	£30.90	
	750ml	Short Tube	Lever	10106G	10	£31.24	
	500ml	Long Tube	Lever	10104E	10	£30.90	
	750ml	Long Tube	Lever	10108J	10	£31.24	
	1000mls	Long tube	Lever	10120W	10	£31.59	• With non-return valve • lever tap
	1000mls	Adjustable tube	Lever	10122Y	10	31.59	
Teleflex 3 Chamber Leg Bag	500ml	10cm tubing	Lever	850356-000000	10	£29.52	• The chambers of the leg bag confirm to the contours of the thigh/calf, making it more comfortable to wear. • Includes elastic non-slip Velcro straps.
	500ml	30cm tubing	Lever	850355-000000	10	£29.52	

Night Bags

Always use SINGLE USE DISPOSABLE bags

Key Points:

- **Single use** for connection to leg bags or catheter valves to maintain a closed circuit thereby reduces the risk of infection (CAUTI).
- **Nursing and Residential Care Homes must use a single use non-drainable night bag attached to a leg bag or catheter valve to reduce the risk of infection.**
- The position of the bag should be below the bladder to promote drainage.
- Catheter bag hanger/Nightstands:
    - Night drainage bags need to be supported on a catheter stand to avoid the creation of negative pressure at 30cms below the bladder. If pressure is allowed to build it can cause catheter blockage from suction on the bladder mucosa.
    - This is normally provided as a complimentary item through the patient Dispensing Appliance Contractor (DAC), where a DAC is used.
    - For patients who do not use a DAC, the community nurse can provide these upon request.
    - Drug Tariff: These bags are suitable for night-time use for the collection of urine from indwelling catheters or incontinence sheaths. They are generally used in conjunction with a bag hanger which, being a nursing aid, is not prescribable. Supply arrangements for bag hangers tend to vary throughout the country but they are normally supplied through the community nursing service

Product Name	Bag Volume	Sterile?	Tap/valve	Code	Unit	Price	Notes
Great Bear GB2 **non-sterile** night bag	2 Litre	Non-sterile		10300S	10	£2.90	• With non-return valve and anti-kink tubing. • Non-drainable
Great Bear GB3 **non-sterile** night bag	2 Litre	Non-Sterile	Single use T Tap	10303V	10	£3.59	• With non-return valve and single use T-tap. • Single use only
Great Bear GB3S **Sterile Single Use** Night Bag	2 Litre	Sterile	Single use T tap	10GB3S	10	£6.24	• Sterile single use night bag • With single use T-tap
CliniSupplies Ltd Prosys **non-sterile** night bag	2 litres	Non-sterile 90cm inlet tube	Non-return valve	P2	10	£2.20	• With non-return valve. • Non-drainable
Bard Uriplan Collection Bag	2 litres	90cm inlet tube	Non-return valve	D8420	10	£2.84	• Non-drainable
Optimum Medical Ugo 9 **non-sterile** single use bag	2 litres	Non-sterile 90cm inlet tube		9/NS/SU/DO	10	£2.21	• With tear top drainage
Coloplast Ltd Simpla S2 Urine Drainage Bag	2 litres	Non-sterile	Non-return valve	320902	10	£3.14	• With non-return valve • Standard size connector

Belly Bags

- Each bag comprises a drainage bag and is worn around the waist.
- Urine is drained into the bag by means of residual bladder pressure.
- The bag should be changed every 28 days unless otherwise stated in the manufacturer's guidance.
- Belly bags are for use with Suprapubic Catheterisation only.

Product Name	Bag Volume	Tube Length	Valve	Code	Unit		Notes
Teleflex Rusch Standard Belly Bag Collection Device with twist drain	1000mls		Twist Anti-reflux	B1000	1	£11.34	• Each bag may be used for up to 30 days. • Non-return valve • Sterile • Latex free
Teleflex Rusch Belly Bag with extended drainage tubing	1000mls	60cm	Twist Anti-reflux	B1000CT	1	£11.34	• Non-return valve • Sterile • Latex free
Teleflex Rusch Standard Belly Bag Collection Device with twist drain and sample port	1000mls		Twist Anti-reflux	B1000P	1	£11.34	• Non-return valve • Sterile • Latex free

Fixation

Catheter Fixation Devices

- Statlocks are an alternative to the catheter retaining straps.
- The adhesive allows one device to remain in place for 7 days.
- All catheter stabilisation devices should be alternated between sites at each change.

Product Name	Disposable or washable	Length of use	Code	Units per box	Price	Notes
Optimum Medical Ugo Fix Gentle Catheter Clip	Disposable	Up to 7 days	3004	5	£13.40	• Silicone covered so gentle on fragile skin. • The device can be transferred between sites
Bard StatLock-Foley Stabilisation Device	Disposable	Up to 7 days	Bard FOL0102DT	5	£13.84	• For use with all silicone & Latex Foley Catheters

Catheter Straps

- Catheter straps promote alternative daily securement preventing skin damage.
- They are used to secure the tubing or catheter firmly and comfortably against the leg acting as a shock absorber for all indwelling catheters.

Product Name	Disposable or washable	Size	Code	Qty	Price	Notes
Coloplast Simpla G Strap	Washable	Adult 50cm	383001	5	£15.61	• Latex free reuseable strap • Firmly secures catheters and tubing. • Acts as a shock absorber, minimising risk of urethral trauma.
		Abdominal 90cm	383003	5	£17.22	
Great Bear GB Fix-it Retaining Strap Cut to Fit (Velcro)	Washable	Short 35cm	10646C	5	£15.36	• Secure Velcro fastening which is simple to use • Two silicone lines on the reverse ensure a secure fit and eliminate slippage • Raised tab on the silicone GB Fix-it tie allows for a better grip for the individual • Prevents against pulling on the catheter which could lead to pain and urethral trauma • Clear labelling to denote size and washing instructions
		Medium 45cm	10644A	5	£15.36	
		Long 80cm	10645B	5	£16.81	
		Adjustable 150cm	10647D	5	£19.38	
Optimum Medical Ugo Fix Catheter Straps	Washable	Short 45cm	3002	5	£13.56	• Adjustable and can be cut to fit • Reusable and washable • Comes with laundry bag to use when washing the straps
		Medium 80cm	3003	5	£14.97	
		Long 130cm	3009	5	£18.23	
		Ex Long 180cm	3010	5	£20.40	
CliniSupplies Prosys Catheter Retaining Strap	Washable	Short	PCS40	5	£12.84	• Silicone clasp and “hook and loop” closure. An option for patients with fragile skin. • Life of a catheter strap approx. 1 month. Wash each time leg bag changed
	Washable	Adult	PCS50	5	£13.05	
	Washable	Abdominal	PCS85	5	£14.40	
Teleflex Velcro Straps			850360-420025	1	£2.73	

Leg Bag Sleeves and Straps

- An alternative method of supporting the leg bag.
- Manufactured from a soft, latex free fabric it encases the leg bag to hold it against the patient's leg.
- The sleeve has an opening for the tap for easy emptying.
- The life of a sleeve is approx. 1 month.
    - It needs to be changed and washed each time the leg bag is changed.
    - Sleeves are supplied in boxes of four and should last four months.
- The catheter sleeve ensures even pressure across the leg. They can be worn on the thigh or calf. Ladies who wear skirts often prefer a sleeve on their thigh.

Product Name	Disposable or washable	Size	Code	Qty	Price	Notes
Great Bear Libra Leg Bag Holder (Sleeve)		Small 30-45cm	10660S	4	£9.23	• Encases the Leg Bag, offering maximum support, comfort and security • Has a higher cotton count than other Leg Bag Holders – lessens skin irritation and allows the skin to breathe
		Medium 45cm - 65cm	10655M	4	£9.23	
		Large 55-80cm	10654L	4	£9.23	
		X-Large 65cm - 90cm	10665X	4	£9.23	
Great Bear Libra Leg Bag strap		Calf	10622C	10	£15.19	• Non silicone backing (for drainage bags) • Two wavy silicone lines on the reverse of the strap assist in securing the Leg Bag • 25mm wide with a tapered Velcro fastening – designed for maximum comfort • Tapered ends will not dig into the skin; allow for easy fastening and unfastening • Stretchable – a comfortable and flexible fit • **Latex Free**
		Thigh	10637T	10	£15.19	
Optimum Medical Ugo fix Catheter straps	Washable	45cm & 75cm	3011	10	£14.21	• Should top up straps that come with leg bags • Prescribe 1-2 boxes per year • Box contains: 10 X One 75cm and one 45cm strap
Optimum Medical Ugo Fix Sleeve Leg Bag Holder	Washable	Small 24-39cm	3005	4	£7.90	
		Medium 35-55cm	3006	4	£7.90	
		Large 40-70cm	3007	4	£7.90	
		Extra Large 65-90cm	3008	4	£7.90	
Prosys Leg Bag Sleeve	Washable	Small 24-40cm	PLS3881	4	£8.10	
		Medium 36-50cm	PLS3904	4	£8.10	
		Large 40-65cm	PSL3928	4	£8.10	
Bard Ltd Urisleeve Leg Bag Holder - Yellow	Washable	Small 24 - 39cm	150111	4	£8.89	

Bard Ltd Urisleeve Leg Bag Holder - Blue	Washable	Medium 36 - 55cm	150121	4	£8.89	
Bard Ltd Urisleeve Leg Bag Holder - Brown		Large 40 - 70cm	150131	4	£8.89	
Bard Ltd Urisleeve Leg Bag Holder - Green		Extra Large 65 - 95cm	150141	4	£8.79	

Catheter Valves

- **Warning: This product should not be used without assessment of bladder function by an appropriate medical professional.**
- For use with indwelling catheters only
- Their use helps to imitate normal bladder function, allowing the bladder to maintain normal capacity
- Valves should be changed every 5-7 days.
- They decrease the risk of bladder wall erosion & trauma to bladder neck as they allow the catheter balloon to be lifted from the bladder wall.
- Usual requirement pack of 5 per month
- **Contra-indications:**
    - reduced bladder capacity
    - no bladder sensation
    - cognitive impairment
    - insufficient manual dexterity to operate a catheter valve

Product Name	Dispose or reuse	Type	Code	Qty	Price	Notes
Great Bear Libra Lever Catheter Valve Sterile	Disposable	Lever	10540A	5	£13.80	
CliniSupplies Prosys Catheter Valve Sterile	Disposable	Lever	PCV3942	5	£10.26	
Optimum Medical Ugo Catheter Valve Sterile	Disposable	Lever	3000	5	£11.57	

Catheter Irrigation Solutions

There should be a clinical rationale for use of catheter maintenance solutions, and they should only be considered for short term use, to treat indwelling catheters for prevention of encrustation, or to dissolve crystal formulation.

Monitoring pH will help identify the need for, and the type of solution required. Citric acid should only be used for those patients who have a consistently high pH of 6.8 or above. It is good practice to cut open catheters on removal, from those patients where blocking is a problem to see if the lumen is blocked by sediment deposit.

Key points:

- Please refer to the "Management of Catheter Blockage" pathway Appendix 1
- **Catheter Irrigation solution should be used as part of a treatment plan and NOT routine for every patient.**
- The solution should only be used following a patient assessment by a Registered Health Care professional who will arrange authorisation & prescription.
- They should only be considered for short term use to try to reduce catheter blockage due to encrustation of indwelling catheters or to dissolve crystal formation prior to removal of a catheter to prevent urethral trauma.
- Preparations should not be prescribed for longer than 4 weeks without a review.
- Preparations are not to be used routinely or to attempt to unblock a non-draining catheter
- Two sequential instillations of a small volume are more effective than a single administration. Please see manufacturer's guidance for further information.

Types of solutions

Sodium chloride (S) Sodium chloride may be helpful for removing blood clots, mucus and any other mechanical blockages.
Citric acid 3.23% (G) will dissolve encrustation. It is recommended that two instillations should be used sequentially. The agitation property of this product should be used with care. A 3.23% citric acid solution is recommended for reduction of crystallisation.
Citric acid 6% (R) will dissolve crystals and is twice the strength of the G solutions. It is recommended that two instillations should be used sequentially. The agitation property of this product should be used with care.

Product Name	Active Ingredient	Code	Unit	Price	Notes
Uro-Tainer Twin Suby G	Citric Acid 3.23%	9746609	2 x 30ml	£5.42	• Will dissolve encrustation, use with care • Solution divided into a twin delivery system allowing for two sequential solution administrations
Uro-Tainer Twin Solution R	Citric Acid 6%	9746625	2 x 30ml	£5.42	• Will dissolve crystals and is twice the strength of the G solutions. Should be used with care. • Solution divided into a twin delivery system allowing for two sequential solution administrations
OptiFlo S	0.9% saline	CSS50	1 x 50ml	£3.67	• Sodium Chloride may be helpful for removing blood clots mucus and other mechanical blockages. • Not to be used for encrustation.
	0.9% saline	CSS100	1 x 100ml	£3.68	
OptiFlo G (Suby G)	Citric Acid 3.23%	CSG50	1 x 50ml	£3.89	• Will dissolve encrustation. • Use agitation with care
OptiFlo R (Solution R)	Citric Acid 6%	CSR50	1 x 50ml	£3.89	• Will dissolve crystals and is twice the strength of the G solutions. • Agitation should be used with care.

Intermittent Self Catheterisation Catheters

- These are suitable for patients with incomplete bladder emptying e.g. neurogenic bladder disorders, particularly patients with multiple sclerosis, spina bifida, diabetes and spinal cord injury.
- Patients need good dexterity and cognitive ability to use these.
- Intermittent Self Catheterisation Catheters help to reduce urinary infection risks
- How many a patient uses a day depends on their medical / clinical reason for ISC ranging from 1-6 times / day
- Normal usage: usually 1-6 boxes of 30 a month but depends on the medical condition.
- This list is not exhaustive and is for guidance only

Product Name	S/F/M	Length	Ch	Code	Unit	Price	Notes
Coloplast SpeediCath Flex	Male		Ch 16	28916	30	£58.59	For Dilatation and ISC
Coloplast Luja	Male		Ch 10	20031	30	£61.87	**Restricted use** Only for adult patients with spinal cord injury or those with other neurological and urological dysfunction where other catheters have been unsuccessful and suffered recurrent UTIs as a result.
			Ch 12	20032		£61.87	
			Ch 14	20034		£61.87	
			Ch 16	20036		£61.87	
			Ch 18	20038		£61.87	
	Female		Ch 10	20051	30	£61.87	
			Ch 12	20052		£61.87	
			Ch 14	20054		£61.87	
			Ch 16	20056		£61.87	
Peak Medical UltraSmooth Plus Hydrophilic Catheter	Male		Ch 8	USP4008	25	£24.64	
			Ch 10	USP4010		£24.64	
			Ch 12	USP4012		£24.64	
			Ch 14	USP4014		£24.64	
			Ch 16	USP4016		£24.64	
			Ch 18	USP4018		£24.64	
	Female		Ch 8	USP1808	25	£24.64	
			Ch 10	USP1810		£24.64	
			Ch 12	USP1812		£24.64	
			Ch 14	USP1814		£24.64	
			Ch 16	USP1816		£24.64	

			Ch 18	USP1818		£24.64	
Peak Medical UltraSmooth Aqua Hydrophilic Catheter with water sachet	Male	42cm	Ch 8	USA4208	30	£38.64	
			Ch 10	USA4210		£38.64	
			Ch 12	USA4212		£38.64	
			Ch 14	USA4214		£38.64	
			Ch 16	USA4216		£38.64	
			Ch 18	USA4218		£38.64	
	Female	14cm	Ch 8	USA1408	30	£38.64	
			Ch 10	USA1410		£38.64	
			Ch 12	USA1412		£38.64	
			Ch 14	USA1414		£38.64	
			Ch 16	USA1416		£38.64	
			Ch 18	USA1418		£38.64	
CliniSupplies Ltd Prosys SensaCath Hydrophilic Intermittent Catheter	Male/Standard	40cm	Ch12	PSCM12	30	£38.80	An “at home” catheter. May need to be used in combination with another product which the patient uses when away from home.
			Ch14	PSCM14		£38.80	
			Ch16	PSCM16		£38.80	
	Female	20cm	Ch10	PSCF10	30	£38.80	
			Ch12	PSCF12		£38.80	
			Ch14	PSCF14		£38.80	
			Ch16	PSCF16		£38.80	
Wellspect Healthcare LoFric Sense	Female	15cm	Ch10	4161025	30	£51.03	An “at home” catheter. May need to be used in combination with another product which the patient uses when away from home.
			Ch12	4161225		£51.03	
			Ch14	4161425		£51.03	
			Ch16	4161625		£51.03	
Wellspect Healthcare LoFric Origo with water	Male/Standard	40cm	Ch10	4431025	30	£55.18	Sterile Polyvinyl low friction catheter in Saline with easy-grip handle.
			Ch12	4431225		£55.18	
			Ch14	4431425		£55.18	
			Ch16	4431625		£55.18	
			Ch18	4431825		£55.18	
Wellspect HealthCare LoFric Origo (non-PVC)	Female	15cm	Ch 08	404-08-25	30	£45.79	
			Ch 10	404-10-25		£45.79	
			Ch 12	404-12-25		£45.79	
			Ch 14	404-14-25		£45.79	
	Male	40cm length	Ch 8	4100825	30	£49.62	Sterile water included. Press water sachet to activate.
			Ch10	4101025		£49.62	

Wellspect Healthcare LoFric Primo non-PVC with integrated water pocket			Ch12	4101225		£49.62	
			Ch14	4101425		£49.62	
			Ch16	4101625		£49.62	
	Female	15cm	Ch 8	4140825	30	£51.03	
			Ch10	4141025		£51.03	
			Ch12	4141225		£51.03	
			Ch14	4141425		£51.03	
Wellspect Healthcare LoFric Elle	Female	20cm	Ch 10	4181025	30	£52.06	The Elle version has an L-shaped handle to assist insertion
			Ch12	4181225			
			Ch14	4181425			
Wellspect Healthcare Lofric (non-PVC) Catheter	Standard	40cm	Ch10	400-10-25	30	£44.59	
			Ch 12	400-12-25		£44.59	
			Ch 14	400-14-25		£44.59	
			Ch 16	400-16-25		£44.59	
Wellspect Healthcare Lofric (non-PVC) Catheter	Female	15cm	Ch 10	404-10-25	30	£45.79	
			Ch 12	404-12-25		£45.79	
			Ch 14	404-14-25		£45.79	
Bard Ltd HydroSil Silicone Hydrophilic Personal Catheter with integral water pack	Male		Ch10	63610M	30	£47.45	
			Ch 12	63612M		£47.45	
			Ch 14	63614M		£47.45	
			Ch 16	63616M		£47.45	
	Female		Ch10	71610	30	£47.62	
			Ch 12	71612		£47.62	
			Ch 14	71614		£47.62	
			Ch 16	71616		£47.62	
Bard Ltd HydroSil Discreet	Female		Ch 10	61610C	30	£47.45	
			Ch 12	61612C		£47.45	
			Ch 14	61614C		£47.45	
			Ch 16	61616C		£47.45	
Bard Ltd HydroSil Rose	Female		Ch10	71410	30	£50.70	
			Ch 12	71412		£50.70	
			Ch 14	71414		£50.70	
			Ch 16	71416		£50.70	
HydroSil Gripper Standard	Standard		Ch10	73610	30	£48.96	
			Ch 12	73612		£48.96	

			Ch 14	73614		£48.96	
			Ch 16	73616		£48.96	
Braun Actreen Mini	Female		Ch 10	228010E	30	£49.60	Pre lubricated with glycerine
			Ch 12	228012E		£49.60	
			Ch 14	228014E		£49.60	
WyMedical Ltd WyCath H20 hydrophilic catheter with water sachet (soft tip)	Male	40cm	Ch 10	W2SM10	30	£45.92	
			Ch 12	W2SM12		£45.92	
			Ch 14	W2SM14		£45.92	
			Ch16	W2SM16		£45.92	
WyMedical Ltd WyCath H20 Hydrophilic Catheter with water sachet (Tapered Tip)	Male	40cm	Ch 12	W2TAM12	30	£44.10	
			Ch 14	W2TAM14		£44.10	
			Ch 16	W2TAM16		£44.10	
			Ch 18	W2TAM18		£44.10	
WyMedical Ltd WyCath H20 Hydrophilic Catheter with water sachet	Male	40cm	Ch 12	W2M12	30	£41.97	
			Ch 14	W2M14		£41.97	
			Ch 16	W2M16		£41.97	
			Ch 18	W2M18		£41.97	
Coloplast SpeediCath Compact	Male		Ch 12/18 (one size)	28692	30	£59.08	
Coloplast SpeediCath Compact	Female		Ch 10	28580	30	£52.38	Small discreet catheter ready to use.
			Ch 12	28582		£52.38	
			Ch 14	28584		£52.38	
Coloplast SpeediCath Compact Plus	Female		Ch 10	28810	30	£52.38	2cm longer than SpeediCath Compact
			Ch 12	28812		£52.38	
			Ch 14	28814		£52.38	
Coloplast SpeediCath Flex pocket size	Male		Ch 10	28910	30	£58.11	
			Ch 12	28912		£58.11	
			Ch 14	28914		£58.11	
Coloplast Luja pocket size catheter	Male		Ch 8	20058	30	£61.87	**Restricted use** Only for adult patients with spinal cord injury or those with other neurological and urological dysfunction where other catheters have been unsuccessful and suffered recurrent UTIs as a result.
			Ch 10	20061		£61.87	
			Ch 12	20062		£61.87	
			Ch 14	20064		£61.87	
			Ch 10	7010	30	£52.73	

Hollister Infyna Chic Hydrophilic Intermittent Catheter	Female		Ch 12	7012		£52.73	
			Ch 14	7014		£52.73	
Hollister VaPro Pocket Intermittent Catheter	Male	40cm	Ch 10	70104	30	£59.49	Without a drainage bag
			Ch 12	70124		£59.49	
			Ch 14	70144		£59.49	
			Ch 16	70164		£59.49	
Hollister VaPro Pocket Intermittent Catheter	Female	20 cm	Ch 10	70102	30	£56.74	
			Ch 12	70122		£56.74	
			Ch 14	70142		£56.74	

Specialist Catheters

Tiemann Tip Catheters

- May be used for patients with who have experienced problems with insertion of standard catheter, for example those with an enlarge prostate.
- There is a curved tip at the end of these catheters to aid insertion, if required.
- They are licensed for up to twelve weeks.
- Should be initiated by specialists only:
    - BaNES: urology
    - Wiltshire: Urology
    - Swindon: Urology or V300 holder having undertaken appropriate training

Product Name	S/F/M	Ch Size	Code	Qty	Price	Notes
Coloplast SpeediCath (Tiemann Tip)		Ch 14	28494	30	£48.82	
		Ch 16	28496		£48.82	
Coloplast Conveen EasiCath (Tieman Tip)		Ch 12	5382	25	£33.93	
		Ch 14	5384		£33.93	
		Ch 16	5386		£33.93	

Intermittent Self Dilation

- For use for dilation only, following advice from a specialist.
- A urethral stricture is a narrowing of the urethra often caused by injury or disease.
- A urologist may suggest urethral dilatation is used to keep the stricture from recurring and to maintain the urethral opening.
- Indications for use: patients with incomplete bladder emptying e.g. neurogenic bladder disorders, particularly patients with multiple sclerosis, spina bifida, diabetes and spinal cord injury.

Product Name	Ch Size	Code	Qty	Price	Notes
Peak Medical Ultrasmooth Meatall dilator	Ch 8	USMD08	25	£35.86	• For dilation only • For use following advice from a specialist only
	Ch 10	USMD10	25	£35.86	
	Ch 12	USMD12	25	£35.86	
	Ch 14	USMD14	25	£35.86	
	Ch 16	USMD16	25	£35.86	
	Ch 18	USMD18	25	£35.86	

Silver Alloy Coated Catheters

- For use only after discussion with a nurse from the Bladder & Bowel Service.
- The Bard Bardex IC silver alloy coated catheters may be suitable as an option for those patients with a history of recurrent catheter blockage/infection.
- Though not suitable for urine that contains proteus or pseudomonas. The release of silver ions within the coating restricts the micro-organism's ability to multiply.
- They are licensed for medium term use of 28 days as their effectiveness is reduced after this time.

Open Ended/Tipped Catheters

- An open-ended catheter is an alternative for a patient experiencing problems with repeated blockage and bypassing.
- There is no tip to the end of the catheter creating an additional drainage channel.
- Please contact your Continence Service helpline for advice.

Product Name	S/F/M	Balloon Size	Ch Size	Code	Qty	Price	Notes
CliniSupplies Ltd Prosys All-Silicone Foley Catheter (open ended)	Male	10ml	Ch 12	PCF12M10E	1	£5.93	
		10ml	Ch 14	PCF14M10E	1	£5.93	
		10ml	Ch 16	PCF16M10E	1	£5.93	
		10ml	Ch 18	PCF18M10E	1	£5.93	
Linc Medical All silicone Open Tipped Suprapubic Catheter Glycerine balloon NB varying balloon sizes as per last digit(s)	Standard	5ml	Ch 12	0845**12**05G	1	£11.36	• With a glycerine filled syringe • With a syringe of lidocaine/chlorhexidine lubricant gel
		5ml	Ch 14	0845**14**05G	1	£11.36	
		10ml	Ch 16	0845**16**10G	1	£11.36	
		10ml	Ch 18	0845**18**10G	1	£11.36	
		10ml	Ch20	0845**20**10G	1	£11.36	
	Female	5ml	Ch 12	0847**12**05G	1	£11.36	
		5ml	Ch 14	0847**14**05G	1	£11.36	
		10ml	Ch 16	0847**16**10G	1	£11.36	
		10ml	Ch 18	0847**18**10G	1	£11.36	
		10ml	Ch 20	0847**20**10G	1	£11.36	
Linc Medical All silicone Open Tipped Suprapubic Catheter Water balloon NB varying balloon sizes as per last digit(s)	Standard	5ml	Ch 12	0845**12**05W	1	£11.36	• With a glycerine filled syringe • With a syringe of lidocaine/chlorhexidine lubricant gel
		5ml	Ch 14	0845**14**05W	1	£11.36	
		10ml	Ch 16	0845**16**10W	1	£11.36	
		10ml	Ch 18	0845**18**10W	1	£11.36	
		10ml	Ch20	0845**20**10W	1	£11.36	
	Female	5ml	Ch 12	0847**12**05W	1	£11.36	
		5ml	Ch 14	0847**14**05W	1	£11.36	
		10ml	Ch 16	0847**16**10W	1	£11.36	
		10ml	Ch 18	0845**17**10W	1	£11.36	
		10ml	Ch 20	0847**20**10W	1	£11.36	
Coloplast Folysil All Silicone Catheter (open ended)	Male	10ml	Ch 12	AA74	1	£6.89	
		10ml	Ch 14	AA74	1	£6.89	
		10ml	Ch 16	AA74	1	£6.89	
		10ml	Ch 18	AA74	1	£6.89	

Penile Sheaths

- These can offer a valuable alternative method of urinary incontinence containment management for men.
- Sheaths are available with and without fixing devices which may be applied externally.
- It is important to accurately assess for type and size of sheath using the manufacturer's measuring device.
- It is recommended that the sheaths are changed daily.
- Adhesive removers and barrier products are not normally recommended with sheaths.
- Adhesive residue can be washed away with warm soapy water and barrier creams may interfere with adhesion.
- Protectors prevent hair becoming trapped under the sheath.
- Over ordering more than one box of 30 per month may indicate poor fit, if a patient is experiencing any other problems refer to the continence service for advice.

Product Name	Style	Size	Code	Unit	Price	Notes
Great Bear GB Libra Sheath. Latex free self-adhesive	Standard	24mm	GBLSS24	Box of 30	£51.00	• Integrated adhesive eliminates the need for adhesive strips and tape • The nozzle is kink-resistant to maintain continual flow of urine into the drainage bag • Silicone is malleable to provide a secure and comfortable fit to the penis • 30 hair protectors and a measuring guide in each box as standard • 100% Latex Free
	Standard	28mm	GBLSS28		£51.00	
	Standard	31mm	GBLSS31		£51.00	
	Standard	33mm	GBLSS33		£50.63	
	Standard	35mm	GBLSS35		£51.00	
	Standard	40mm	GBLSS40		£51.00	
Great Bear GB Libra Sheath. Silicone	Pop On	24mm	GBLSP24	Box of 30	£51.00	
	Pop On	28mm	GBLSP28		£51.00	
	Pop On	31mm	GBLSP31		£51.00	
	Pop On	33mm	GBLSP33		£50.63	
	Pop On	35mm	GBLSP35		£51.00	
	Pop On	40mm	GBLSP40		£51.00	
	Wide Band	24mm	GBLSW24	Box of 30	£49.77	
	Wide Band	28mm	GBLSW28		£49.77	
	Wide Band	31mm	GBLSW31		£49.77	
	Wide Band	33mm	GBLSW33		£49.77	
	Wide Band	35mm	GBLSW35		£49.77	
	Wide Band	40mm	GBLSW40		£49.77	

Optimum medical Ugo Sheath Silicone Self-adhesive	Pop On	25mm	3106	Pack of 28	£48.57	• 4 x7 day organised box pack. • With pack of 28 protectors
	Pop On	28mm	3107		£48.57	
	Pop On	30mm	3108		£48.57	
	Pop On	32mm	3109		£48.57	
	Pop On	36mm	3110		£48.57	
	Pop On	40mm	3111		£48.57	
CliniSupplies Prosys Flofit Self-adhesive silicone sheath	Pop On	24mm	PSS24POPON/B	Pack of 30	£48.73	• With pack of 30 protectors • Change daily
	Pop On	28mm	PSS28POPON/B		£48.73	
	Pop On	31mm	PSS31POPON/B		£48.73	
	Pop On	35mm	PSS35POPON/B		£48.73	
	Pop On	40mm	PSS40POPON/B		£48.73	
Bard Clear Advantage Spirit, Style 1 Standard	Standard	24mm	5243	Pack of 30	£55.17	• With pack of 30 protectors • Changed daily
	Standard	28mm	5283		£55.17	
	Standard	32mm	5323		£55.17	
	Standard	36mm	5363		£55.17	
	Standard	40mm	5403		£55.17	
Bard Ltd Clear Advantage Spirit Style 2 Pop on	Pop On	24mm	7243	Pack of 30	£55.17	• With pack of 30 protectors • Changed daily
	Pop On	28mm	7283		£55.17	
	Pop On	32mm	7323		£55.17	
	Pop On	36mm	7363		£55.17	
	Pop On	40mm	7403		£55.17	
Bard Clear Advantage Spirit Style 3 Wide band	Wide Band	24mm	9243	Pack of 30	£55.17	• With pack of 30 protectors • Changed daily
	Wide Band	28mm	9283		£55.17	
	Wide Band	32mm	9323		£55.17	
	Wide Band	36mm	9363		£55.17	
	Wide Band	40mm	9403		£55.17	
Coloplast Convene Optima (non-latex) self-sealing Urisheath	Standard (80mm)	25mm	22025	Pack of 30	£56.44	• Individually packaged in rigid compact case. • Silicone
	Standard (80mm)	30mm	22030		£56.44	
	Standard (80mm)	35mm	22035		£56.44	
	Standard (80mm)	40mm	22040		£56.44	
	Shorter length (55mm)	21mm	22121	Pack of 30	£56.44	
	Shorter length (55mm)	25mm	22125		£56.44	
	Shorter length (55mm)	30mm	22130		£56.44	

	Shorter length (55mm)	35mm	22135		£56.44	
Hollister Ltd InView Silicone Self-Adhesive Sheath Special	Length 25mm	25mm	97125	Pack of 30	£50.79	• Non-latex • With anti-kinking funnel
	Length 29mm	29mm	97129		£50.79	
	Length 32mm	32mm	97132		£50.79	
	Length 36mm	36mm	97136		£50.79	
	Length 41mm	41mm	97141		£50.79	

Incontinence Device for a Retracted Penis

Please speak to your locality Continence Service for advice and assessment.

Product Name	Length	Width	Code	Qty	Price	Notes
Hollister Ltd Retracted Penis Pouch with Flextend Skin Barrier	7.5 inches	4.5 inches	9873	10	£31.56	• Cut-to-Fit, Flextend Skin Barrier • Thin and Flexible • No Additional Tape Needed • Odor-Barrier Film • Convenience Drain • Not Made with Natural Rubber Latex • Universal connector that fits most leg or night drainage bag systems • Connect to leg bag or gravity drainage
Hollister Ltd Retracted Penile Pouch	7.5 inches	4.5 inches	9811	10	£32.11	• Cut-to-Fit, SoftFlex Skin Barrier • Odor-Barrier Film • Convenience Drain • Not Made with Natural Rubber Latex • Universal connector that fits most leg or night drainage bag systems • Connect to leg bag or gravity drainage

Vaginal Moisturisers and Lubricants

- Non-hormonal vaginal moisturisers are for the relief of Vaginal atrophy, dryness, itching, irritation and where applicable, painful intercourse, which may contribute to urinary urgency and frequency
- Can be used alone or in addition to vaginal oestrogen preparations
- Available over-the-counter and online, so should be self-purchased in most instances

The items listed below are suggestions – other brands are available. Speak to your pharmacist for advice.

Vaginal Lubricants for Sexual Intercourse	
Product Name:	**Available as:**
Sylk Natural Intimate Lubricant	40g tube
Yes WB (water-based lubricant)	6 pre-filled applicators

Vaginal Moisturisers for Daily Care	
Product Name:	**Available as:**
ReplensMD	75ml tube
	6 dose pack
	12 dose pack
	35g tube
Yes VM (moisturising gel)	6 pre-filled applicators
	100ml tube

Trans Anal Irrigation (TAI)

- **New patients should have an assessment and product recommendation from the locality Continence Service before they are commenced on the below products. This will include checking for any contra-indications.**
- For advice contact your locality Continence Service.
- Trans Anal Irrigation should only be tried if other less invasive methods of bowel management have failed to adequately control constipation and / or faecal incontinence.
- IryCone system – as the starter set has been discontinued, please do not start new patients on this system. However, patients who are currently using this system can be maintained on it.

Product Name	Catheter size	Code	One Unit contains:	Price
CliniSupplies Ltd Aquaflush Compact Plus System Starter set		In the UK from Aquaflush at Home AFCPS PIP 410-5722	1 pump 5 cones 5 disposal bags 5 lubricant sachets 1 wash bag 1 extension tube	£35.42 (+ £3.40 home delivery fee)
CliniSupplies Ltd Aquaflush Compact Plus System Monthly set			1 pump 15 cones 15 disposal bags 15 lubricant sachets	£60.52 (+£3.40 home delivery fee)
CliniSupplies Ltd Aquaflush Compact system Starter set		In the UK from Aquaflush at Home AFCS	1 pump 5 cones 5 glove/disposal bags 1 wash bag	£35.42 (+ £3.40 home delivery fee)
CliniSupplies Ltd Aquaflush Compact system Monthly set		In the UK from Aquaflush at Home AFCM	1 pump 15 cones 15 gloves/disposal bags	£60.52 (plus £3.40 delivery fee)
CliniSupplies Ltd Aquaflush Actif Irrigation Cone System Monthly set		AFAM	1 waterbag 1 pump 1 hook for water bag 15 short cones in gloves/disposal bag	99.12 (plus £3.40 delivery fee)

CliniSupplies Ltd Aquaflush Actif Irrigation Cone system Starter set		AFAS	1 water bag 1 pump 1 "5" hook for water bag 1 extension tube 5 short cones in gloves/disposal bag 1 washbag 1 strap	£76.17 (plus £3.40 delivery fee)
CliniSupplies Ltd Aquaflush Extension Tubes		AFExtn	2 x extension tubes	£6.39
Qufora IrriSedo Mini System		53601-015	1 Hand pump 15 hydrophilic cones 1 Cone bag	£62.73 WILL BE DISCONTINUED MARCH 2027
		53601-030	1 Hand pump 30 hydrophilic cones 1 Cone bag	£125.47 WILL BE DISCONTINUED MARCH 2027
Qufora IrriSedo MiniGo (Alternative to IrriSedo Mini System)		QMGO/ 57005-030	30 Irrigation Set	£202.86
Qufora IrriSedo Bed System	21mm	53001-055	1 Waterbag with pump 5 rectal catheters 5 collection bags 5 gel sachets	£53.06
	30 mm	53101-055	1 Waterbag with pump 5 rectal catheters 5 collection bags 5 gel sachets	£53.06
Qufora IrriSedo Extension tubes		52715-015	Pack of 15 Daily use - 2 boxes/month. Water bag with alternate day use	£47.85 WILL BE DISCONTINUED MARCH 2027
Qufora IrriSedo MiniGo		QMGO	1 pump 30 hydrophilic coated cones	£199.84
Qufora IrriSedo MiniGo Flex system (Alternative to IrriSedo Mini System)		QMGOFLEX	1 soft pump 30 hydrophilic coated cones with integral tube	£230.58
Qufora IrriSedo Cone System		QTM	1 pump 1 1500ml water bag 15 hydrophilic coated cones	£80.72 WILL BE DISCONTINUED IN DECEMBER 2026

Qufora IrriSedo Cone System Accessory Set		52601-015	Contains 15 hydrophilic cones	£61.22 WILL BE DISCONTINUED IN DECEMBER 2026
Qufora IrriSedo Flow (Alternative to IrriSedo Cone System)		QFLOWSET 56101-030	30 Irrigation Set	£277.79
Qufora IrriSedo Klick Catheter Set		QKCATH	15 catheters 1 Klick tube 1 water bag 1 soft bag	£138.63 WILL BE DISCONTINUED IN DECEMBER 2026
Qufora IriSedo Klick Catheter Set (Alternative to IrriSedo Klick catheter and IrriSedo Balloon System)		QKCATH30/ 59201-030	30 Irrigations	£285.98
Qufora IrriSedo Klick Control Unit		QKCONTROL	1 Control Unit with pump 1Leg strap	£52.38
Qufora IrriSedo Klick Starter Kit		QKSTART	5 catheters 1 Klick Tube 1 Control Unit 1 Water Bag 1 leg Strap 1 Hook 1 Toilet bag	£91.30
Qufora IrriSedo Balloon System Base Set regular	Regular	5801-002	1 control unit 1 Water bag, 2 hydrophilic rectal balloon catheters	£74.43 WILL BE DISCONTINUED IN DECEMBER 2026
Qufora IrriSedo Balloon System Base Set small	Small	58102-002	1 control unit 1 Water bag 2 hydrophilic rectal balloon catheters	£74.43 WILL BE DISCONTINUED IN DECEMBER 2026
Qufora IrriSedo Balloon System Accessory set small	Small	58202-015	1 Water bag 15 hydrophilic rectal balloon catheters and 15 collection bags.	£122.28 WILL BE DISCONTINUED IN DECEMBER 2026
Qufora IrriSedo Balloon System Accessory set regular	Regular	58201-015	1 Water bag 15 hydrophilic rectal balloon catheters	£122.28 WIL BE DISCONTINUED DECEMBER 2026
Qufora IrriSedo Bed System	12mm	53201-015	1 Water bag with pump 15 rectal catheters 12mm 15 collection bags 15 gel sachets	£155.32

	21mm	53001-015	1 Water bag with pump 15 rectal catheters 21mm 15 collection bags 15 gel sachets	£155.32
	30mm	53101-015	1 Water bag with pump 15 rectal catheters 30mm 15 collection bags 15 gel sachets	£155.32
Coloplast Peristeen Plus System		29141	1 control unit 2 rectal catheters 1 water bag 2 straps	£81.10
Coloplast Peristeen Plus Accessory Unit		29142	15 rectal catheters 1 water bag	£141.35
Navina Classic System		69005	1 classic control unit 1 water container 1 tube set 2 rectal catheters 1 accessory set 1 case	£80.17
Navina refill		69006	1 Classic control unit 1 water container 1 tube set 2 rectal catheters	£80.17
Navina Classic Control Unit		69013	1 classic control unit	£61.35
Navina Consumable Set		69003	15 rectal catheters 1 water container	£138.89
Navina Rectal Catheter Set		69840	10 rectal catheters	£87.50
Braun Iry Cone + Irrigation System		29220E	1 cone 1 tubing	£68.49
Braun Iry pump Water Container		29240	1 water container	£45.43

Anal Plugs

Warning: This product should not be used without assessment by an appropriate medical professional.

Product Name	Size	Code	Quantity	Price
Renew Medical Inc. Renew Insert	Regular	FG730	30	£71.12
	Large	FG731	30	£71.12
Wellspect Health Care Navina faecal Incontinence Insert	Standard	6930400	30	£85.22
	Large	6930500	30	£85.22

Adhesive Removers

These are not required for every patient. Most patients will find washing with soapy water and drying well with a towel is adequate skin preparation.

Product Name	Code	Unit	Price	Notes
Medicare Plus International Ltd Lifteez Non sting medical adhesive remover (Aerosol)	60833	50ml	£5.60	• Quick drying spray which does not leave residue
Medicare Plus International Ltd Lifteez Non sting medical adhesive remover (Wipes)	60321	30 wipes	£8.50	
Coloplast Conveen Prep (Wipes)	62042	54 wipes	£11.59	• These are not required for every patient. Most patients will find washing with soapy water and drying well with a towel is adequate skin preparation. • However, if the patient has an oily skin or struggles to get the condom to fix, a sheath prep wipe may be helpful. • Contains alcohol. • Use the wipe at each sheath change approx. every 24 hours. 2 boxes/three months. • Easily flammable product. Keep the product away from fire or heat sources.

Urinals

- These may be used for patients who have functional incontinence.
- These should be used as part of their treatment or management plan
- ***Note:*** *In general, the individual components can be prescribed separately for replacement purposes. With proper care and cleansing, each appliance should last for 6 months*

Product Name	For	Waist Size	Flange Size	Code	Unit	Price	Notes
Beambridge Medical Saddle Urinal	Female			6-26	1	£15.60	• Bed bound patients
Beambridge Medical Bridge urinal	Female			6-18	1	£15.60	
Manfred Sauer URIbag	Male			URIbag	1	£15.37	• Ambulant patients • Pocket sized (when not in use) • **URIbag** - Reusable urinal for men &urinary/ostomy appliance users • **URIbag F** – reusable urinal for females • 1.2 Litre Capacity
	Female			URIbag F	1	£15.37	
iMEDicare Ltd AFEX Male Urinary System Sedentary	Male	Small (28-30”)		A110-S-08	**1 starter kit:** 1 receptacle 1 pair of briefs 1 collection bag 1 cleaning container 1 cleansing solution 1 instruction DVD	£60.10	
		Medium (32-34”)		A110-M-08		£60.10	
		Large (38-36”)		A110-L-08		£60.10	
		X Large (40-42”)		A110-XL-08		£60.10	
		2X Large (44-46”)		A110-2X-08		£60.10	
		3X Large (48-50”)		A110-3X-08		£60.10	
Bullen Ltd Acti-Brief Uri-drain System	Male	Available in: • Small • Medium • Large • Ex-Large	20mm	AB/18/20	**Contains:** 1 pair of briefs 1 flange plate 10 non-return pouches 1 night/leg bag connector	£24.96	• Can be initiated by any nurse following appropriate assessment
			25mm	AB/18/25		£24.96	
			27.5mm	AB/18/27.5		£24.96	
			30mm	AB/18/30		£24.96	
			32.5mm	AB/18/32.5		£24.96	
			35mm	AB/18/35		£24.96	
			40mm	AB/18/40		£24.96	

Appendix 1: Management of catheter blockage

Catheter previously draining	Blockage in a newly inserted catheter	Other physical causes for consideration
➢ Mechanical obstruction? ➢ Check tubing, kinked? ➢ Hydrostatic suction? This results from a vacuum effect of urine in the drainage tubing. Mucosa is sucked into the eyelets and prevents drainage. Temporarily raise the drainage bag above level of bladder. ➢ Bag valve occluded?	➢ Positioned correctly? ➢ Catheter appropriate length? ➢ Catheter valve open? ➢ Eyelets blocked with lubricant? Allow time for the urine to drain. ➢ Eyelets blocked with mucosa?	➢ Constipation? ➢ Bladder spasm, the catheter may irritate the bladder lining and trigger a spasm. ➢ Is the charriere size of the catheter too large? Leakage of urine around the catheter may be caused by bladder spasm or blockage. A smaller catheter size may overcome this problem ➢ Correct balloon inflation.

Unresolved 1st Catheter blockage	Resolved
Check for encrustation and UTI, identify cause (see below) and change catheter	Update patient record and catheter management plan

Urinary Tract Infection	Encrustation Identified	Debris
➢ Is patient symptomatic of UTI? ➢ Refer to WH and C and NICE guidelines in managing patients with a CAUTI	➢ Plan catheter changes from catheter record. ➢ Check the pH of the urine. Normal pH averages at 6.0 ➢ Examine catheter to identify encrustation. Check inside the catheter lumen when catheter has been removed ➢ Consider an open-ended catheter. ➢ Consider an opti-tip catheter (this has a shorter distance from the catheter tip to the balloon) ➢ Update catheter record and management plan	➢ Review fluid intake and increase if appropriate. ➢ Use an open-ended catheter at catheter change. ➢ ?Mechanical obstruction. Discuss with Continence Service re guidance on bladder washouts. ➢ Consider any recent urological history

2nd Catheter Blockage
➢ Review as above, identify cause and change catheter ➢ Update catheter management plan

3rd Catheter Blockage
➢ Identify cause as above ➢ Discuss catheter management with the Continence Service

Appendix 2: Typical monthly quantities and prescribing guidance for continence appliances[i]

PrescQIPP Bulletin 334. Continence 2.0. [ii,iii]

Appliance	Frequency of change	Typical monthly quantity	Additional information
Anaesthetic lubricating gel	One per indwelling catheter change	One	Pre-filled syringes 6ml and 11ml
Anal plugs	Usually replaced every 12 hours or after a bowel movement	60	Single use device
Catheter straps	One pack should last five months	One (not for repeat prescription)	Straps are washable and reusable
Catheter valves	Every seven days	Five (one box)	No more than 5 (1 box) per month. For use with indwelling catheters
Indwelling catheters (Foley) long-term use catheter	Up to 4 or 12 weeks, depending on manufacturer's guidance If changing more frequently than every four weeks, consider referral to local continence service	One every four to twelve weeks depending on duration of use	Prescribe two to three initially (including one to two spare catheters) Require attachment to leg bags or catheter valves
Intermittent (Nelaton) catheters – single-use	Between once or twice a week up to six daily Some patients may use a selection of different types depending on lifestyle	From one to seven packs of 30 (packs cannot be split)	All patients to be managed by specialist continence team Frequency depends on reason for catheterisation
Leg bags (drainable)	Seven days	Five	One complete box of 10 will last two months. For collection of urine from indwelling catheters or penile sheaths
Leg bag sleeves	One pack should last 4-6 months	One (not for repeat prescription)	Sleeves are washable and reusable. Used to support a leg bag as an alternative to leg bag straps
Night bags (drainable)	Seven days	Five	One complete box of ten will last two months If bedbound, attach directly to catheter
Night bags (non-drainable)	One every night	30 (3 boxes of 10)	Recommended for use in care homes to reduce the risk of cross-infection. Do not attach directly to catheter
Penile sheaths	One daily	30 (one box)	Over-ordering may be due to poor fit and require review

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Document Review

Document Review	Date	Details
V1.3	March 2024	First edition
V1.4	September 2024	MCW. Products removed from formulary due to discontinuation by manufacturers: Great Bear Libre Bag Holders sleeve. (10660S/10655M/10654L/10665X). CliniSupplies SensaCath Male 18ch (PSCM18).

10660S
10655M
10654L
10665X

Acknowledgements

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- Prices quoted are correct as per the Drug Tariff as of February 2024.

References

[i] PrescQIPP Bulletin 334. Continence 2.0

[ii] Coventry and Warwickshire Area Prescribing Committee. Prescribing Guidelines for Continence Appliances. Version 1.5. June 2023. https://www.covwarkformulary.nhs.uk/docs/chapter07/RD014-Continence%20Appliances%20Prescribing%20Guidelines.pdf

[iii] NHS South and West Devon. Formulary and Referral. 18.6 Anal inserts. Last accessed 11/06/2023. https://southwest.devonformularyguidance.nhs.uk/formulary/chapters/18-continence/18-6-analinserts