



UK Health
Security
Agency



Ƨɛɔɔɛ wɔbɛbɔ wɔ bɑ hɔ bɑn afiri **RSV** hɔ

Akwɑn ɑ ɛfɑ Respiratory
Syncytial Virus (RSV) ɑɔurɔ
ɛmɑ mmaa ɑpɛmfɔɔ



Ɛfiri Ɛbɔ 2024 rekɔ nɔ, mmaa ɑpɛmfɔɔ nsa bɛkɑ ɑɔurɔ nɔ bi
ɑ ɔntua hwɛɛ bɛɛ ɑ ɔnyɛm, ɛɔɔɛ ɛɛɛbɔ nɛ bɑ nɔ hɔ bɑn
afiri Respiratory Syncytial Virus (RSV) hɔ.

Aden nti na ese se wobɔ wo ba no ho ban firi RSV ho?

Respiratory syncytial virus anaase RSV ye yaree a enye nna a ebetumi akɔfa ahrawa mu yaree a yefre no bronchiolitis aba. Mmɔfra nkumaa a wɔnya saa yaree wei no, eye den se wobehome na wɔadidi. Wobetumi asoɔ weinom bebreɛ ano wɔ fie nanso mmɔfra beye 20,000 na wɔgye wɔn to ayaresabea wɔ England esiane bronchiolitis nti. Mmɔfra a wɔnya bronchiolitis a ano ye den no behia ohwe a emu ye den na yaree no betumi aye ho. RSV betumi aye den wɔ mmɔfra nkumaa mu, wɔn a wɔn bere anso a wɔwoo wɔn, ne wɔn a wɔn yaree no betumi aka wɔn koma,homee anaase imiiu sistem.

RSV yaree no betumi aba aberɛ biara wɔ afe no mu nanso winta mu pa ara na eko soro.

Kwan bɛn so na RSV etrɛ?

RSV ye yaree etumi tre pa ara, ne titire wɔ mmɔfra mu, denam ewabɔ ne nwsansi so. Nneɛma nketenkete te se nsa hohoro ne nsa yede kata ano ne hwene bere a worenwasini, eye den se wobetu asi yaree no tre a ebetumi atrɛ wɔ abusua mu no ano. Okwan papa a wobetumi abɔ wo ba ho ban afiri RSV yaree ho ne se wobefa aduro no bere a wonyem.

Sɛn na RSV aduro no si ye adwuma fa?

Aduro no ma wo imiiu sistem no nya ahɔɔden pii de ye nneɛma a etumi kotia (antibɔdisi) yaremmowa no. Saa antibɔdisi no fa awodeɛ no mu boa bɔ abɔfra no ho ban firi ɛda yebɛwɔ no. RSV aduro no boa te hu a bronchiolitis eye no so 70% wɔ abosome 6 a edi kan mu no. Saa bere yi akyi no sɛɛɛ woba no nya RSV a ebetumi aye hu no eso te kakra.

Mmɔfra mpanimfoɔ ne mpanimfoɔ nso betumi anya RSV yaree no bi, nanso yaree no ano ye den wɔ mmɔfra nkumaa ne nnipa a wɔnya mfeɛ 75 ne akyi mu.

Bere bɛn na ese se me nsa ka aduro no?

Ɛse se wo nsa eka wɔ nnawɔtwe 28 wɔ antenetaa nsrahwe bere no mu. Saa wontee hwee saa bere yi a, wo ne asoee ehwe mmaa apemfoɔ ‘mateniti’ anaase GP praktese nni nkitaho na monye ho nhyehyee. Aduro no a wo nsa beka no saa nnawɔtwe 28 no mu anaase nnawɔtwe kakra wɔ wei mu no beboa woatumi anya anibɔdidi na wode bi nso ama wo ba no ansa na woawo no. Wei bema woba wo ba no ahoban mapa, a deɛ eka ho bi ye se wobewo no ntem mpo no.

Wobetumi afa aduro no akyire wɔ nyinsɛn bere no mu nanso entumi nnye adwuma yie saa. Se entumi nnye yie se wobefa aduro no ntem a, wo ns abetumi aka kɔsi bere a wobewo abɔfra no. Se wo nsa ka no nyinsɛn bere no mu akyire yi, ebetumi akɔ so ara abɔ wo ho ban afiri yaree no ho na ate sae a yaree no betumi asae abɔfra foforo no so.

Kwan bɛn so na wode ma na eso nsunsuansoɔ ne sɛn?

Aduro no ye panee baako na wode bewo w’abati.

Mpɛn pii no eso nsunsuansoɔ no ano nye. Deɛ eka wei h bi ne:

- Tipaɛ
- Apɔso yea
- Se baabi a wɔwɔɔ hɔ pane no beye ekuro,kɔɔ anaase ebɛhono

RSV aduro no a mewo wo nyinsɛn berɛ mu no yɛ ma mɛ ba no?

Wɔasua aduro no ho adeɛ wo klenekaa nsrahwɛ wo mmaa 4,000 na yɛdɛ ama mmaa mpɛmpɛm bebrɛ wo ɔman mu no dwumadie mu. Wo USA no, wɔdɛ ama mmaa beboro 100,000, na ɛda adi sɛ ɛbo ban yie. Wo klenekaa sɔhwɛ no mu no, wo panɛɛwo no mu bosome akyi no, mmɔfra a won berɛ anso a wɔwoo won no kɔɔ soro kara wo aduro kuo no mu (2.1%) sɛnɛ kuo a wɔamma won aduro no bi (1.9%). Nsonsonoeɛ no betumi ayɛ sɛ ɛbetumi ayɛ sɛ ɛyɛ akwannya. UK, Europe ne USA aduro ho mpanimfoɔ agyɛ aduro no atom sɛ ɛbebo ban, na ɛyɛ papa na banmmɔ wom.

Aduro no a wobɛwo no kyɛrɛ sɛ wonnya RSV?

Aduro no ada no adi sɛ ɛtumi tɛ amane a w'abɔfra no betumi ahu wo RSV yarɛɛ no mu. Tɛ sɛ nnuro nyinaa no, aduro biara nni ho a ɛyɛ adwuma kɔsi na mmɔfra bebrɛ besane anya RSV yarɛɛ no bi ɛmfa ho sɛ maame no bɛwo panɛɛ. Nanso, mmɔfra bebrɛ no a won maame awo panɛɛ no, ɛsɛ sɛ RSV yarɛɛ no ano nnyɛ den.

Wobetumi akenkan ɔyɛfoɔ ho nsɛm krataawa ɛma RSV aduro a yɛfrɛ no Abrysvo wo ha: www.medicines.org.uk/emc/product/15309/pil

Na sɛ ɛbetumi aha abɔfra no?

Mmɔfra no bi betumi anya RSV a ɛyɛ hu, tɛ sɛ won a won berɛ anso a wɔwoo won, won a wɔwo koma yarɛɛ kɛsɛɛ anaasɛ won a won imiiu sistɛm no ahɔɔdɛn wo fam no yɛbetumi awo won anibodi panɛɛ Saa panɛɛ wei de banmmɔ bɛka anitibodis biara won nsa betumi aka afiri won maame ho no ho.

Ɛsɛ sɛ mewo RSV pnaɛɛwo nyinsɛn biara mu?

Aane, ɛsɛ sɛ wowo bi wo nyinsɛn biara mu na aboa abo wo ba foforo banmmɔ a edi mu.

Mɛtumi afa mɛ nnuruo a mɛfa no nyinsɛn berɛ mu berɛ kɔ no ara a mɛfa RSV adur no?

Ɛho hia sɛ wofa wo nnuro no 1 wo berɛ ano wo berɛ a woanyinsɛn:

- ɛwa aduro a wɔtaa tɛ ma wo ntɛm wo nyinsɛm (bɛyɛ nyinsɛn sekan no mfimfini, mpɛm pii nnawɔtwɛ 20)
- ɛsɛ sɛ wo nsa ka wo RSV aduro no berɛ a woadi nnawɔtwɛ 28
- Papu aduro no wobɛtumi afa wo nyinsɛn berɛ no mu abɛrɛ biara. Ɛsɛ sɛ wo fa no ntɛm so berɛ a wo na besɔ so no

Sɛ wɔfrɛ sɛ bɛwo wo RSV aduro no, na sɛ wo nnya mfaa wo wa aduro no anaasɛ papu nnuro no, ɛnnɛɛ ɛsɛ sɛ wofa nɛ nyinaa abɛrɛ no ara no mu.

Ɛhɛ na mɛtumi anya ɛho nsɛm pii?

Wobetumi nɛ wo midwife anaa GP praktɛsɛ adi nkitaho na wobɛtumi akenkan saa krataa wei ho nsɛm wo ɔnlaan so wo ha:

www.gov.uk/government/publications/respiratory-syncytial-virus-rsv-maternal-vaccination

www.nhs.uk/pregnancy/keeping-well/vaccinations

Sɛ wopɛ nnuro no ho nsɛm pii a wɔdɛ bɛma wo berɛ woanyinsɛn no a wobɛhunu no wo:

www.gov.uk/government/publications/pregnancy-how-to-help-protect-you-and-your-baby

Me ba no betumi anya RSV bronchiolitis?

RSV bronchiolitis no nsenkyerenne no bi ne:

- Hwenem nsuo anaase emu asie
- Home a ɔhome a ɔbre, home ntentem anaase dede (nwasini)
- Didi a ɔredidi a ɔbre wo ho
- Ewa
- Fiva
- Ahoyera anaase basaaye
- Bere anaase mmerɛye

RSV betumi akɔfa yaree foforo a ewo wo mma nketewa mu aba te se baaken wa (croup) ne aso no mu a wobete yea (otitis miidia)

Hwehwe GP nyehyɛe a egye ntɛmpɛ anaase frɛ 111 se:

- Ka bere wo ba no anya koodu na ano reye den
- Ka bere a wo ma no nnidi anaase nni yie te se kane no
- Se wo ba no ho ye weseɛ nnɔnhwere 12 anaase deɛ ɛboro saa, anaase nsenkyerenne a ekyere se ne ho nsuo nyina awe
- Wo ba no nnii abosome 3 na se ne ho hyee no ye 38°C, anaase ɔboro abosome 3 na se ne ho hyee no ye 39°C anaase ɛboro saa a



Wobetumi abo eho nsunsuansoo no ho amanneɛ wo Yellow Card websaet no anaase denam

frɛ a wobɛfrɛ foon a wontaa hwee no so wo 0800 731 6789 (anaɔpa nnɔn 9 kɔsi to anwwummmerɛ 5 Dwoada kɔsi Fiada)

www.mhra.gov.uk/yellowcard

Frɛ 999 anaase kɔ A&E se:

Se wo ba no ho mfa no koraa, fa w'atɛmpa ye adwuma. ɛse se wotu anammɔn:

- Se wo ba no rebre wo home ho – wo bebunu se ne koko reye dede anaase n'afu ahyɛ annase ne mfe ayere
- Wei nom gyina bere a wo ba no home
- Wo ba no honam, ketrema anaase ano ye bluu
- Wo ba no ye basaa na ɔnsɔre anaase nna

